

# Sharing HOPE

HOPE Network for Single Moms | April 2025

## Honoring Single Mothers on Mother's Day: A Tribute to Resilience

On May 11<sup>th</sup> Mother's Day is more than just flowers and cards it's recognition of the love, sacrifice and strength that mothers have done with their families every day. As of 2023, the United States had approximately 9.8 million one-parent households, with 7.3 million led by single mothers.

These women often juggle multiple roles such as breadwinner, caregiver, and household manager while facing economic challenges. Whether it's the stay at home mom, working mother juggling schedules or the single mom holding it all together, this day is a chance to say: You are seen. You are valued. You matter.

On this day take the time to recognize beyond our own families. We honor our grandmothers, caregivers, and mentors who helped uplift and nurture others in big and small ways.

## Mother's Day Annual Appeal

We all know someone who is parenting alone. Please celebrate these moms by making this day special. There are meaningful ways to honor them by a personal gesture, community support and public recognition.

By acknowledging their resilience and contributions, we can make Mother's Day a truly inclusive celebration that honors all mothers.

How can you make a difference? Please celebrate with HOPE by making this Mother's Day a special one! Please consider supporting HOPE Network by:

- \$1000 Contribute to a grant for one mother to attend college for use with tuition or childcare.
- \$500 Assist with grant for one mother to attend college for use with tuition or childcare
- \$250 Diapers and baby essentials for mothers
- \$150 Provide supplies needed for one infant with the basic supplies of baby essentials
- \$50 Stress Relief kit with a gift card for one mother
- \$25 A gift card for one mother

## Scholarship Applications Open

HOPE Network is proud of our contribution to the families we serve. However, we can't do this without our generous donors. Thank you for those who support HOPE Network moms and families.

HOPE Network offers an annual grant for technical college or a four-year degree. Funds may also be used for tuition, school supplies, textbooks and/or childcare cost.

Scholarship is opened from April 1st - May 15th

## Application Process

- Find details and complete the application at [www.hopenetworkinc.org](http://www.hopenetworkinc.org)
- Applications deadline is **May 15<sup>th</sup>**

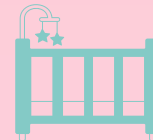
Since 2023, we've welcomed 150 new members into our community. Our typical member is 34 years old and raising two children, often doing so alone but never unsupported.



**Scholarships**  
**\$15,000**



**Single Mothers Served**  
**398**



**Portable Cribs**  
**48**



**Baby Essentials**  
**150**



**Diapers Provided**  
**71,400**



“The only dreams impossible to reach are the ones you never pursue”

—Michael Deckman



HOPE Network for Single Mothers

# New Seasons, New Moments

## Why Immunizations Are Important For Your Child

Immunizations are one of the most effective ways to protect children from serious and potentially life-threatening illnesses. They help a child's immune system learn how to defend itself against harmful viruses and bacteria.

### How They Work

Immunizations expose the body to a tiny, harmless part of a germ—just enough to teach the immune system how to respond. This way, if the child is ever exposed to the actual illness, their body will know how to fight it off quickly and effectively.

### What Do They Help Prevent?

\*Measles      \*Mumps      \*Rubella      \*Polio      \*Whooping cough      \*Tetanus Diphtheria      \*Chickenpox      \*Hepatitis A and B  
\*Flu (influenza)      \*COVID-19      \*Rotavirus      \*Pneumococcal disease

### Why It's So Important

Immunizing your child helps keep them safe, but it also protects others—especially newborns, elderly family members, and those with weakened immune systems. When most people in a community are protected, it becomes much harder for diseases to spread.

### Are Immunizations Safe?

Yes. Immunizations are carefully tested and monitored for safety by leading health organizations like the Centers for Disease Control and Prevention (CDC) and the World Health Organization (WHO). Mild side effects like soreness or a low-grade fever can happen but are usually short-lived. Serious reactions are extremely rare.

### When Should Children Be Immunized?

There is a recommended schedule for childhood immunizations, starting at birth and continuing through the teen years. Following this schedule ensures your child is protected during the ages when they are most at risk. You can view the full schedule at [www.cdc.gov/vaccines](http://www.cdc.gov/vaccines).

## HOPE Partner Spotlight

**Milwaukee County**



HOPE is excited to announce a new partnership between HOPE Network for Single Mothers and Milwaukee County!

Through this partnership, Milwaukee County will offer resume, interview, and employment workshops for our mothers. The program will also include direct employment opportunities and ongoing support from Milwaukee County.

During these challenging times, HOPE is grateful for the opportunity to collaborate with the County to further support the families we serve!

## Events for Mothers Day

### Harley-Davidson Museum East Troy Railroad

400 Canal St, Milwaukee, WI  
Sunday, May 11, 2025  
Moms receive FREE general admission (mention the Mother's Day offer in person).

2002 Church St, East Troy, WI  
Saturday, May 10, 2025  
Moms ride FREE!

### Milwaukee Public Zoo

10001 W Bluemound Rd, Milwaukee, WI  
Sunday, May 11, 2025 | 9:30 a.m. – 4:30 p.m.  
Moms get in FREE!  
(Regular parking and attraction fees still apply.)

### Old World Wisconsin

W372 S9727 Hwy 67, Eagle, WI  
Sunday, May 11, 2025 | 10:00 a.m. – 4:00 p.m.  
Moms receive FREE admission (must redeem in person).

### Milwaukee Public Museum

800 W Wells St, Milwaukee, WI  
Sunday, May 11, 2025  
Moms get in FREE!



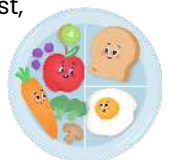
## Community Resources

Milwaukee Public Schools (MPS) providing **free** summer meals for kids which provide breakfast, lunch, and dinner at locations throughout the city of Milwaukee.

For locations and mealtimes for all kids and teens text "FOOD" to 304-304

Or look at this website link below

<https://mps.milwaukee.k12.wi.us/en/Families/Family-Services/School-Nutrition/Meals.htm>



## Board of Directors

President: Rita Saavedra  
Vice President: Jessica Janz-McKnight  
Treasurer: Ana Saavedra  
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Jacob Carlson  
Babette Honore  
Candice Wright  
Tanisha Collins-Johnson

Sharing HOPE is a publication of  
HOPE Network for Single Mothers

## Office Hours

Please call the office at (262) 251-7333 to schedule an appointment or for more information.

## Office Staff

Executive Director: Ana Saavedra  
Office Manager: Isabel Saavedra

## Website



Thank You

# Thank You To Our Generous Donors!

The following donations were received February 1<sup>st</sup> –April 30<sup>th</sup> , 2025

If we have inadvertently omitted your name, please forgive us and give us a call so we can correct our records.

Antoine, Kay  
Byrne, Tim & Sharlene  
Callanan, Liam  
Dziubek, David  
Engel, Lynn & Peter  
Foster, Johanna  
Glowienka, Frances  
Greater Milwaukee Foundation

Grenier, Mary  
Honore, Babette  
Klein, Sandra  
Kress, Tom & Sue  
Lopaczynski, Lisa & Craig  
Mais, Tyler  
Moran, Thomas  
Milwaukee Bucks

Nelesen, Robert  
Salzer, Bob & Cathy  
Simanonok, Kirsten  
Wambold, Kathleen  
West Allis Knights of Columbus  
Charities  
Yakel, Sally and Dale

## Meet Julia & Jacob - Volunteer Spotlight

Julia shines on the Poms team, not just on the field but in the community too. Whether she's making phone calls, organizing inventory, or lending a hand at events, her heart is always in it. As a student council member, she's helped raise funds for both Poms and school-wide events. She's also passionate about mental health, leading awareness campaigns to support her peers.



Jacob is a star both on the football field and basketball court—but he's just as dedicated off the field. He's rolled up his sleeves to fundraise for his teams and school, and he's always ready to step in where help is needed. Inspired by the real challenges he's seen in our community, Jacob supports HOPE with compassion and purpose.



**Jacob and Julia are leading a HOPE Diaper Drive at Greendale High School from May 5–16, 2025. We at HOPE are deeply grateful for their leadership and support!**

We're still looking for volunteers! If you'd like to get involved, we'd love to hear from you—just send us an email.

Yes, I (we) would like to help HOPE Network:  \$25  \$50  \$100  \$250  Other \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Please Charge a one-time gift to my credit card. Name on Card: \_\_\_\_\_

Card #: \_\_\_\_\_ Signature: \_\_\_\_\_

Type of Card:  MC  Visa  Discover  Amex Expiration: \_\_\_\_\_ Card ID #: \_\_\_\_\_

(CVV2/CID)

**We Protect your privacy and will not give away or sell your contact information**  
**All Donations are fully tax deductible**

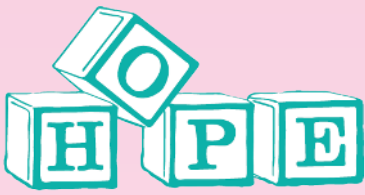
I want to support this organization on a regular basis. Send me information on being a monthly donor

I want updates via:  Text  Phone  Email: \_\_\_\_\_

Acknowledgement of gift:  Letter  Email  No Acknowledgement



PayPal



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## Financial Literacy for Parents and Single Moms



### Single-Income Survival: Practical Tips for Single Moms

If you're a single mom, you're probably familiar with the challenge of stretching one paycheck to cover all your family's needs. Here's how to make the most of your resources:

- **Build an Emergency Fund:** Start small—saving just \$5 a week can grow into a cushion for unexpected expenses. Aim for 3–6 months' worth of expenses eventually.
- **Explore Side Hustles:** Freelancing, tutoring, or selling handmade goods online can help you generate extra income.
- **Use Community Resources:** Local nonprofits, food banks, and childcare assistance programs are there to support you. Don't hesitate to seek help—it's a smart way to manage expenses

### Budgeting Basics: How to Make Every Dollar Work for You

One of the most important steps in financial literacy is creating a budget. A well-planned budget can help you break free from the paycheck-to-paycheck cycle and achieve financial goals.

#### How to Start Budgeting:

- **Track Your Spending:** For one month, write down everything you spend—yes, even that quick coffee run. Use apps like Mint or YNAB (You Need a Budget) to make it easier.
- **Categorize Expenses:** Divide your spending into “needs” (rent, groceries) and “wants” (subscriptions, dining out).
- **Follow the 50/30/20 Rule:** Allocate 50% of your income to needs, 30% to wants, and 20% to savings or debt repayment.

**Pro Tip:** Budgeting isn't about deprivation; it's about prioritizing. Small changes, like meal prepping or cutting unused subscriptions, can add up quickly.

### Hidden Savings Opportunities: Where to Find Extra Cash

Sometimes, saving money isn't about earning more but spending smarter. Here are a few creative ways to save:

- **Coupons and Cashback Apps:** Apps like Rakuten, Ibotta, and Honey can help you save on groceries and online purchases.
- **Energy Efficiency:** Switch to LED bulbs, unplug unused electronics, and lower your thermostat by a degree or two to cut utility costs.
- **Library Perks:** Many libraries offer free access to books, movies, and even workshops.