

NETWORK NEWS

Dec/Jan-Mar. 2018
Vol. 35 - No. 4

Quarterly resource publication for single mothers

Call or email to be added to News mailing list: 262-251-7333 info@hopenetworkinc.org

New HOPE Network director

From Lisa Lopacinski, HOPE Network board president: We'd like to welcome Martha Collins, our new executive director! We were so pleased to find a candidate of her caliber to lead HOPE Network.

Rebuild. Reshape. Refocus.

Martha Collins is passionate about work with meaning. She brings to the job a passion for serving individuals, believing all people have the right to live with dignity. Martha was raised by a single mother and is a long-time resident of the City of Milwaukee. She is the proud single mother of two boys, Sean (16) and Seth (11).

Martha grew up in the inner city of Milwaukee, which shaped her personal values and beliefs. Her life experiences created a strong desire within her to be part of something bigger than herself. Raised by a parent who was not only hardworking but deeply involved in the community, Martha learned firsthand the impact and rewarding experience of giving back, and affecting change.

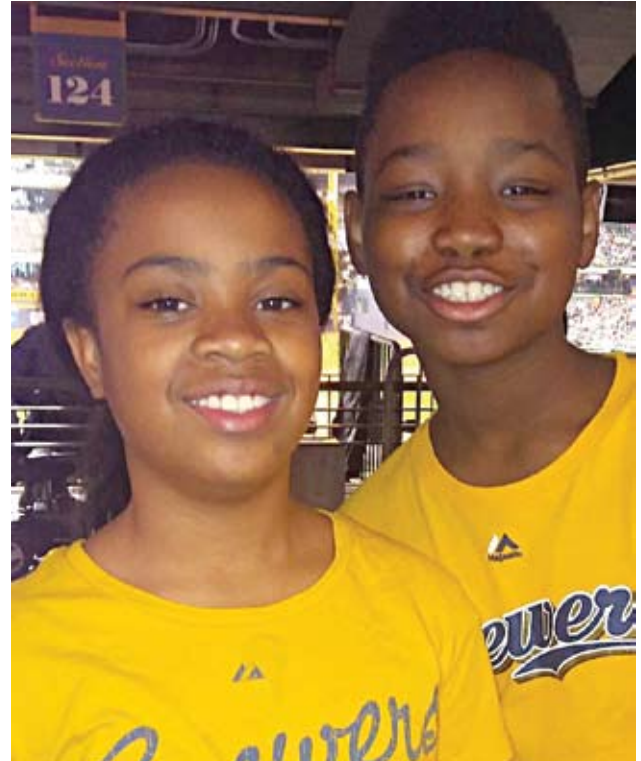


She received a bachelor's degree in management from Cardinal Stritch University, and is working to complete her master's degree in nonprofit management and leadership. She has previous executive leadership experience, which expanded her skills in program development and community engagement.

She said: "Throughout history, women have led movements for social and economic justice, made ground-breaking scientific discoveries, and enriched our culture with stunning works of art and literature. Research has shown that many of those accolades were achieved by the love and support of single mothers. This is just so powerful!"

Martha's life and work experience have prepared her to lead HOPE Network. She stated that the opportunity to serve as the executive director of HOPE Network is truly an honor and a privilege. For 35 years, the organization has been empowering single mothers and their children by providing hope, support, and resources so that the families can thrive and become self-sustaining.

She looks forward to further growth and development as the organization continues to serve the community.



Help support programs for HOPE Network families during our annual campaign (see p. 4 for program successes). The mothers and children are counting on your generosity!

Enjoy roller derby March 17, and earn money for HOPE Network!

Looking for "family friendly" entertainment on St. Pat's Day?

Take in an exciting fast-paced game by the Brewcity Bruisers at the UW-Milwaukee Panther Arena. HOPE Network is their featured charity for that game, and will receive at least a \$250 donation from game proceeds. March 17 game: doors open at 6pm; first whistle is at 7pm. Arena, 400 W. Kilbourn.

Advance tickets: adult, \$15; kids 6-12, seniors 55+, and military: \$12. Purchase advance tickets at the Arena box office at the Milwaukee Theatre, 500 W. Kilbourn.

At the door: adults, \$18; kids, seniors, military: \$15. Save \$3 at the door with donation of a baby item (diapers, book, toy, onesie) which will be donated to HOPE Network. Or, save \$3 with a non-perishable food donation. (Only eligible for 1 of these discounts).

The Brewcity Bruisers are comprised of four home teams: Crazy 8's, Maiden Milwaukee, Rushin' Rollettes and Shevil Kneivils.

Besides providing great entertainment Jan.-May each season, this all-women's league also supports local nonprofits through a generous community service program. brewcitybruisers.com

**Mark your calendars
to attend the game
for HOPE Network
on March 17**



HOPE NETWORK NEWS

Quarterly community resource publication
by HOPE Network for Single Mothers

Phone: 262-251-7333 **Fax:** 262-251-2088

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Office hours: 9am-12:30pm Mon-Th (call 1st, during December)

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Columnist: Gail Grenier Sweet

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See information on HOPE Network's services on back page.

Legal help, walk-in clinics

Centro Legal: attorneys provide low-cost representation for family law, criminal misdemeanor cases. 1pm walk-in hrs. on Wed. for divorce, paternity, child placement, or child support issues (1st 20 people are served). 384-7900. 614 W. National

Legal Aid Society free legal assistance for bankruptcy, civil rights, consumer problems, SS/SSI disability claims, healthcare power of attorney, wills, eviction, foreclosure, Municipal Court matters, IRS problems. Walk-in Intake 1:30-3:30pm Mon. & Wed. at 728 N. James Lovell St. Call for other locations: 727-5300

Marquette Volunteer Legal Clinics: Attorneys assisted by Marquette law students provide free, brief legal advice & referrals for non-criminal matters on a walk-in basis. Closed in Dec.

House of Peace 3-7pm Tues. Child support: 5-7pm 1st/3rd Tues
Hmong speakers: 3-5pm 3rd Tues. 1702 W Walnut, 933-1300

United Comm Center 5-7pm Wed. Spanish/English. Child support: 5-7pm 2nd, 4th, 5th Wed. 730 W Washington. 384-3100

Milw Justice Center: 901 N 9. Rm G-9. Th/F 1:30pm sign in; list fills fast; for Milw. Co. 2-3pm Th: landlord tenant matters 278-2910

Problems with public benefits?

Legal Action of Wis: free legal assistance for W-2, food stamps, medical assistance, childcare, or other public benefit problems. Also: family law, landlord/tenant, school problems. Call 278-7722, 888-278-0633 for times/location. Other help: Repairers of the Breach, 934-9305; Welfare Warriors Helpline: 342-6662

Mobile legal clinic One-time consultation with an attorney offering free, brief legal advice on civil matters (family law, landlord-tenant issues, small claims, large claims, credit-consumer issues. Run by Marquette & Milw. Bar Assn. Clinics start in mid-February. Check www.mkemobilelegalclinic.com for dates & sites.

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Deadlines for news items for upcoming issues:

Dec 4, Mar 4, June 4, Sept 4 email: pbeck@sbcglobal.net

Keep our list updated

Even though you notified the post office with your address change, please call us with your new address! It's very important, and will allow us to continue sending this publication to you for free! Thanks! Call us at 262-251-7333 (or email - see left).

See this newspaper on our web site

Have it at your fingertips, in your computer, for reference! A .pdf of the paper is on our site: www.hopenetworkinc.org

Go green! We can e-mail this paper

Contact us at info@hopenetworkinc.org

Grief counseling

Compassionate Friends, loss of a child at any age. Salem United Methodist Church, 541 Hwy 59, Waukesha. 7 pm Jan 22 and Feb 26. Call Karen 262-470-5843..

The Infant Death Center at Children's Health Alliance, offers a variety of grief support resources for parents. 6737 W Washington, Suite 1111, West Allis. Joanna 414-337-4571. jodonnell@chw.org

Infant Loss Support, Aurora West Allis Medical Center 8901 W. Lincoln Ave. 1st Wed. 7-8:30 pm. Aurora Women's Pavilion. Machele 414-329-5908.

Infant Loss Support, Children's Hospital Corp. Ctr., 999 N. 92 St, 4th Mon 6:30-8pm, Nichole 414-266-2995.

Resolve Through Sharing, Support for parents who have experienced miscarriage, ectopic pregnancy, stillbirth or a newborn death. West Allis Medical Center 414-329-5908. 1st Wed of month 7-9pm Wheaton Franciscan 329-5908, call to talk to a spiritual director.

Parents of Murdered Children & Other Survivors. Call 262-250-7662.

Energy assistance program

Any Milwaukee County household with a utility burden can apply for this one-time annual benefit. The benefit is based on your household size, your household's income, and your utility usage. It's not based on how much you may owe or be behind on your bill. Most households receive a benefit that covers one or two months of utility service.

You can make an appointment or walk in to any of the six sites in Milwaukee County M-F 8am to 5pm (last appt. 4:30pm):

- Northwest: 4906 W. Fond du Lac Ave.
- Downtown/Central: 728 N. James Lovell St.
- West Allis: 6761 W. Greenfield Ave.
- Southeast/Bay View: 2701 S. Chase Ave.
- South: 5663 S. 27th St.
- North: 6918 W. Brown Deer Rd.

To schedule an appointment or for more info, call call 270-4653 or go online to www.EnergyAssistanceMKE.org

Smoke Alarm Hotline: 286-8980

If you need a smoke alarm and cannot afford one, contact the Milwaukee Fire Department to have one installed for free. Do this today, to keep your children safe!

Christmas Family Feast: Annual dinner at Wisconsin Center, 400 W. Wisconsin, 11am-2:30pm Dec. 25. Ham, turkey & dressing, mashed potatoes, green beans, yams, rolls, and desserts. Entertainment; guests will receive free gifts while supplies last. Open to all. For info or to volunteer call Salvation Army, 302-4300 x2248.

Second Saturday family gathering

Join the fun Jan. 13, Feb. 10, and Mar. 10. 11am-1pm at All Saints Church cafeteria, 4050 N. 26, north of Capitol. This gathering of moms and their young children has fun activities, a tasty lunch, new friends, and free books and gifts. Enter on south side between 25th & 26th. Bus lines 26/62. Free bus to go to the gathering picks up at 10:35am at 16th Community Health Center, 1032 S Cesar Chavez Dr. Returns at 1:30pm. 444-5610

Single moms meet Saturdays in Sussex

THRIVE is a ministry for single moms that meets on Saturday mornings at Oakbrook Church in Sussex. We have breakfast and then watch and discuss various DVD series relevant to self-care and parenting. Free childcare is provided. Pre-registration is required. Visit website for dates and topics: www.oakbrookconnect.org/thrive/ or call Karen 262-389-9499. N64 W22680 State Hwy 74, Sussex.

Where to call for food, help

See p. 22-24 for food pantries, clothing banks

24-hour helpline: IMPACT 2-1-1 To find food pantries, shelter, meal sites, family resources, health & social services:

Dial 2-1-1 (at pay phone, dial free: 1-866-211-3380)

or Text your ZIP code to 898-211 (available 9am-9pm)

or Search the online resource directory at impactinc.org

Live Chat option available online (9am-9pm)

at www.impactinc.org/211/211.htm

Domestic violence 24-hr. hotline: 933-2722

(Sojourner Family Peace Center, which also has a shelter)

Listing of resources in multi-lingual "You Are Not Alone" brochure: <http://tinyurl.com/l4ab2t9>

Also, Milw. Women's Center Emergency Shelter: 671-6140

Waukesha: Women's Center 24-hr. Crisis Line 262-542-3828

Other shelters for mothers & children:

-- Hope House, 24 hrs., 209 W. Orchard, 645-2122

-- Casa Maria, 1131 N. 21, 344-5745

-- Joy House, 830 N. 19, 344-3774

-- Salvation Army, 1730 N. 7, 265-6360

-- Cathedral Center, 845 N. Van Buren, 831-0394

-- Walker's Point Youth & Family Center, shelter for mothers under age 18 with their child, 732 S. 21 St., 647-8200.

Also has transitional housing for homeless mothers ages 18-21 and their children, 672-5531.

Shelter for families (fathers, mothers, children):

-- Family Support Center, 3025 W. Mitchell (call 1st, may be full: 385-0854, choose Option #2)

Parent Helpline, 671-0566

Support groups & classes and confidential phone counseling about

any parenting issue. Referrals to parent education, support programs, home visiting, and community resources

Legal information & referral services -- also see page 2:

Legal Action of WI 278-7722. For MATC students 297-6630

Nonprofit Legal Services of SE WI/Milw & Wauk: 839-8899

Community Advocates: May help with rent, housing, prescriptions, security deposits, utility bills. 449-4777.

Bureau of Milw. Child Welfare, 24-hr. emergency no. to report child abuse for Milw County: 220-SAFE (7233)

WIC supplies food vouchers for pregnant women, mothers with babies under 6 mos., and breastfeeding women of babies up to one year and their children up to age 5. Must meet income guidelines to qualify. 1-800-722-2295

Central City Churches Outreach, 9:30-3 M-Th. Resource referrals. See: "Emergency Food" listing on page 22. Our Savior's Lutheran Church, 3022 W. Wisconsin. 342-1522

Cudahy and St. Francis, zip codes 53110/53235 744-0645

South Milwaukee, zip code 53172 only: 764-5340

Waukesha Co. only: Hope Center, 502 N. East Ave.; furniture, nurse, clothes (casual & career), household items, 5:30pm meal M-W-F 262-549-8726 Hebron House of Hospitality: families/single women shelter, 812 N East Ave, 262-549-8722. Hebron, Siena & Jeremy Houses, no-interest loans, housing specialist, transitional living apts., expedite SSI/SSDI disability 262-549-8720.

Waukesha Co. Food Pantry: 1301 Sentry Dr. 1-3pm M-F, 6-8pm Th, 9:30-11:30am Sat for Waukesha County only 262-542-5300. 1st Call for Help crisis line: 262-547-3388

Keep active, stay healthy!

New ice rink at Burnham Playfield

Open skating 5-8pm on Wed. and 1-4pm on Sat. & Sun.
Weeknight pond hockey league. Skates available for 3rd-8th grade students to borrow on-site (a limited number of adult sizes will also be available). Warming house with refreshments inside (for a nominal charge). Hotline will be updated daily to inform if the rink is open or closed, based on weather and ice conditions: 475-8192. Rink is open through March 3 (as weather allows). 1755 S. 32nd.



Mind, Body and Soul Line Dancers provide step-by-step instructions to Urban Line Dances like The Wobble, Cha Cha Slide, and Cupid Shuffle. Bring the family to get fit and have fun! Villard Square, Monday, Feb 12, 5:30-6:30 pm. Free.

Free annual pass to Riveredge Nature Center

to ALL fourth graders. Includes access to all trails, programs and festivals, free snowshoe use, discounts on camps & rentals, day passes for 6 friends/family and admission to over 140 nature centers throughout country, PLUS: free admission to any national park, forest and water for family. Located outside Saukville, a 30-minute drive from Milwaukee. 262-375-2715

Community Swim

Enjoy FREE swimming for the whole family.
-Children 7 years of age and under must be accompanied and supervised in the water by a parent or guardian.
-Participants must furnish a towel, suit, and swim cap. Swim caps may be purchased at the pool for \$2.

Gaenslen Elementary, 6:45-8:15pm, Wed. Jan.24-March 14
MacDowell High School, 3-4pm, Saturdays, Jan. 27-March 17
(2 lap lanes available upon request and availability)
North Division High School, 7:15-8:45pm, Wed., Jan. 24-March 14
North Division Twilight Swim, 6:05-8:45p Mon/Sat Jan 22-Mar 24
South Division High School 7:50-8:50pm Mon. & Wed. thru Dec 20
South Division Twilight Swim, 7:30-8:45pm. Mon. & Wed. Jan. 8-March 24

Come as You Are Yoga Join Kate Frkovich from Smile Yoga for a family yoga program. All ages and abilities welcome! No equipment needed. Villard Square Sat., Jan 13, 27, 11 am-noon. Free.



Girls in the program (3rd-8th grade) develop critical life skills including managing emotions, resolving conflict, helping others and making intentional decisions. They also learn about the importance of fitness.

Registration begins Feb. 1; season begins mid-March.

Various sites in Milwaukee; call 622-0127 or check out www.girlsontherunsoutheasternwi.org.

The Spring 5K at Miller Park June 2 is a celebration of the hard work and dedication that the Girls on the Run participants have worked for over the course of the 10-week program. The 5K is open to the community as well.

Girls on the Run wants this program to be available to all girls and financial assistance is available. See website for details.

MPS Recreation programs for families, teens, young adults

Wellness Days -----

Family sessions for everyone, ages 6 and up. FREE! At Bay View High School, 2751 S. Lenox. Info: Erica, 475-8778. 6-8pm.

- Jan. 31: Zumba, self-defense, and more
- Feb. 28: yoga, self-defense, and more
- March 31: Zumba, yoga, and healthy cooking demo

Healthy snacks, smoothies, and water may be available. Registration accepted the night of the drop-in program on a first come, first served basis. Parent/guardian must register and attend with child. Info: Erica, 475-8775.

Twilight Centers -----

Safe places for teens to hang out with their friends. 475-8811.
6-9pm Mon. and Wed. for ages 12-18
6-10pm Sat. for ages 12-18 (families also welcome)

- Barack Obama School
- James Madison Campus
- North Division High School
- Bay View High School
- Pulaski High School
- South Division High School

- Washington High School

Drop-in: open gym, game room, open swim, family movie nights, snack bar, study rooms, college access programs, and special events.

Every Saturday night is Family Night at the sites, with open gym, game room, open swim (sites vary) and other activities. Special events take place once a month, at each site, from 6:30-8:30pm such as roller skating, carnival games and prizes, movie night, family/teen sports challenges, family game night, and a pop-up art studio. Refreshments and snacks, on a first come, first served basis. Info: 475-8811

Free Fitness Sampler -----

Have you ever wanted to try a Milwaukee Recreation fitness class? This is your chance to try it for free. During the New Year's Fitness Sampler Day, you can try a variety of adult fitness classes, and determine which classes are best for you. You'll also receive a coupon, good for 2018 Winter class registration at any location. 475-8811.

10am-12:30pm Jan. 6 Hamilton

10am-12:30pm Jan. 13 Milwaukee Marshall

Registration will be accepted the day of the event at each site. Childcare will be available on-site for children ages 3 and older.

HOPE Network 2017 Program Successes

A summary of HOPE Network's programs from October 1, 2016 to September 30, 2017

Single Mothers Helped

4,500+ were mailed our resource news magazine each quarter, plus many more received at agencies.

262 paid members officially joined HOPE Network. The moms received bi-monthly mailings and emails on outings and special community events.

\$11,200 in scholarship grants awarded for the 2017-2018 school year. **8** mothers received **\$1,400** each.

More than **1,100** phone calls between HOPE's staff and single mothers, giving them information and referrals to appropriate helping agencies

School Supplies/ Holiday Help

100 backpacks loaded with school supplies and an additional **75** packs and various supplies were distributed to children in need.

271 HOPE Network members received **\$6,070** worth of holiday gift cards donated by individuals, churches, and businesses

Social Gatherings for Children

640 Brewers and **790** Bucks tickets, and **200+** Summerfest and concert tickets were distributed. Also **20** Festa Italiana and several Festival City Symphony annual passes.

300 family passes were given out for free summer admission to the Milwaukee Art Museum, and **75** family passes to the Milwaukee Public Museum.

9 Second Saturday gatherings hosted by Christ Child Society. **1,300** children's books were distributed.

News Magazine & Social Media

Every quarter, **17,500** copies of HOPE's resource news magazine were distributed to local single mothers and those who help them - social service agencies, schools, hospitals, churches, clinics, food pantries and other community organizations.

565 Facebook friends read our postings about family resources and area events at www.facebook.com/hopenetworkinc and more followed us on Twitter: [@HOPE_Network](https://twitter.com/HOPE_Network)

--Statistics updated 12-7-2017

Help HOPE Network continue its networking tradition

Please consider making a year-end donation today, so that we can continue the important programs described above in 2018.

We are proud that this small organization founded by Gail Grenier Sweet 35 years ago is still helping families in need, and with your continued support, will thrive in the years to come.

Through the mothers we serve, we reach the children who become the parents of tomorrow. No other agency does what we do!

Clothing Distribution

386 family visits for children's clothing at our Southside Mother's Trading Post, open 24 Thursdays.

813 family visits were made to the Northwest Trading Post for clothing, toys, books, baby equipment, bedding, and housewares, run by Holy Cross Lutheran Church, open once a month.

Both sites distributed diapers, as well as layettes from HOPE Network and the Christ Child Society.

Cribs

47 portable cribs were distributed to single mothers who did not have a safe place for their babies to sleep. Each mother attended a Safe Sleep class and received a layette.

Cribs were distributed from the HOPE Network office in Menomonee Falls and sites in Milwaukee, West Allis, and Waukesha.

In-Kind Donations for Families

\$48,147 in infant supplies, diapers, free tickets, gift cards, cookbooks, and other new items.

Thousands of dollars worth of gently used clothing, baby equipment, toys, and household items taken directly to the Northwest Trading Post, plus books and other items collected for the Second Saturday gatherings.

Annual Fundraiser

Profits from this huge volunteer effort Oct. 6, 2016 funded more than 30% of our program budget. Items worth **\$20,000+** were donated to the auctions.

Volunteer Work

2 part-time staff were supported by more than 65 volunteers for office work, mailings, board meetings, social media administration, fundraiser, the news magazine, and scholarships.

We hope you'll give generously to our annual appeal, so that we can continue helping mothers and their children.

You may use the form on the back of this news magazine, or use PayPal on our website:
www.hopenetworkinc.org



Resources in Waukesha County

Retzer Nature Center p. 13.



La Casa De Esperanza Early Head Start

Free program for families with incomes at or below the federal poverty guidelines. These services are for pregnant mothers, and for families with children from birth to three years old. Special accommodations may be made for children with a documented disability.

Families experiencing homelessness and foster care children automatically qualify. Free family services include: parent education, health information, individualized support, disability services, nutrition education, and social activities. 410 Arcadian Ave. Call 262-832-1575 and ask for Mary Beth.

Money, home buying workshops Call for dates of next free classes at Center for Financial Stability at La Casa De Esperanza, 202 E Broadway, Waukesha. 262-832-1570.

Waukesha food, clothing, resources

Waukesha Co. only: Hope Center, 502 N. East Ave.; furniture, nurse, clothes, household items, 5:30pm meal M-W-F 262-549-8726 Hebron House of Hospitality: families/single women shelter, 812 N East Ave, 262-549-8722. Hebron, Siena & Jeremy Houses, no-interest loans, housing specialist, transitional living apts., expedite SSI/SSDI disability 262-549-8720.

Waukesha The Clothing Shop has casual clothing & career-type clothing. For residents of Waukesha Co. M-F noon-4pm, Tues. & Sat. 9:30-11:30am, and Wed. 6:30-8pm. HOPE Center 502 N. East Ave., 53186. 262-549-8726

Waukesha Co. Food Pantry: 1301 Sentry Dr. 1-3pm M-F, 6-8pm Th, 9:30-11:30am Sat for Waukesha County only 262-542-5300. 1st Call for Help crisis line: 262-547-3388

Waukesha St. Vincent de Paul Thrift Store, S30 W24836 Sunset Dr., 9am-8pm Mon.-Sat.; 11am-6pm Sun. 262-547-3281

Sussex-Area Outreach Services (SOS), in Civic Center Bldg, N64 W23760 Main St., Sussex. 5:30-7pm M 1-2:30pm W 10-noon Sat. Clothing bank household & small appliances. Must live in Hamilton school district. Food pantry/emergency services. 262-246-9860

Lake Country Caring: for Waukesha & Washington Co. residents only. Free clothing, household, and some furniture. 9-noon Tues/Thurs/Sat; also 6-7pm on 1st Thurs. Call 1st. Must have proof of residency & need. 603 Progress Dr., Hartland. 262-367-6670

Stop smoking program Quit smoking with free total-health approach program. 6-7pm 8 Tues. starting Jan. 9 at Waukesha Memorial Hospital. Register online prohealthcare.org or 262-928-2745

Smoke Alarm Hotline: 262-524-3651

If you need a smoke alarm and cannot afford one, contact the Waukesha Fire Prevention Bureau to have one installed for free.

Do this today, to keep your children safe!

Parents Place - Waukesha

1570 E Moreland, Waukesha. Register for classes, free childcare, 262-549-5575. Fees may be reduced or waived.

Triple P: Positive Parenting Program, for parents who have behavioral concerns about their children. Call for an appointment.

Parent Discussion Group: dates to be announced.

Stop Bullying/Build Self-Esteem (for ages 4-13 & parents). Free backpacks and supplies for each child, as well as snacks and door prizes. *Self-Esteem:* 5:30-7pm Jan. 8; *Bullying:* 5:30-7pm Jan. 15.

Strong Willed Child, 5:30-7pm Jan. 10, 17, 24

Adult Anger, 5:30-7pm Jan. 29 & Feb. 5

Love & Logic, 5:30-7:30pm Feb. 12, 19, 26. Simple and practical techniques to help parents have less stress raising responsible kids.

Depression & Anxiety in yourself, 5:30-7:30pm Feb. 20

Co-Parenting redefining the relationship with your co-parent for the sake of the kids. 5:30-7:30pm Mar. 5, 12, 19

Parenting Through Recovery, 5:30-7pm Mar. 6, 13, 20. Parent and child class.

Kids Managing Anger, Parents meet with facilitator while children are in their session 5:30-7pm Mar. 14, 21, 28.

Eat Smart: 10-11am Wed. Mar. 7-Apr. 18. Prepare and taste healthy, low-cost recipes together with other parents. Part of the class will include exercising along with a video. In Spanish & English.

Parents of Children w/ Special Challenges 6-7pm Feb. 7: learn tools for redirecting challenging behaviors in those with cognitive delays; 6-7pm Feb. 14 & 28: helping children cope with traumatic events and the behaviors that follow. (Parent & child class)

Playgroup 9:30-11am Wed. and in Spanish on Tues. 9:30-11am

The Women's Center - Waukesha

505 N. East Ave, Waukesha. 262-547-4600

24-Hour Hotline: 262-542-3828 or 888-542-3828

Open to all, including adult, child, & teen survivors of domestic & sexual violence. *Family Support Project* provides free counseling for stress/anger management, child development, positive parenting & life skills. Free childcare available. Call for workshop and support group topics, 262-547-4600, or visit www.twcwaukesha.org

- See **Employment & Life-Skills** on p. 21.

Low-cost dental care for Waukesha Co.

Waukesha Co. Community Dental Clinic provides dental care to low-income, uninsured and under-insured children and adult residents of Waukesha Co. For appts. for children, call 262-522-7645 ext. 221. 210 NW Barstow St., Ste. 305, Waukesha

Child health & parenting services are provided free by the home visiting nurse program of the Waukesha Co. Public Health Dept.. Nurses can make referrals and help you with health care, dental care, counseling, transportation, and WIC nutrition. 262-896-8430.

Are you pregnant? Prenatal Care Coordination helps women gain access to medical, social, educational and other services during pregnancy. Call Waukesha County Public Health, 262-896-8430.

Waukesha WCTC free High School Equivalency Diploma (HSED) & GED, English Language Learning (ELL) classes. Open to all. 327 E Broadway, Waukesha. To get started, call 262-695-6500.

WAUKESHA JANBOREE

January 26-28. City-wide winter fest with free outdoor & indoor fun for the whole family

Fri. Jan. 26 4-9pm **Lowell Park**. Slide downhill on zip fly sled, snowshoe the glow trail, or toboggan the 350-ft lighted toboggan run (also Sat. & Sun). Ice sculpting demos (4-6:30pm). Warm up by the fire & dance to the DJ (5-7:30pm). Free hot chocolate and popcorn. Fireworks at 8pm. 2201 Michigan Ave.

Sat. Jan. 27 10-2 pm **FREE airplane rides** for ages 8-17 at Crites Field, offered by EAA Young Eagles on a 1st come; 1st served basis (weather permitting). 2545 Aviation Dr

Ice Sculpting Contest, downtown Waukesha, ice carving at 9am and at 4 pm.

Penguin Egg Hunt Cutler Park, ages 4-5 12:15pm; ages 3 & under 12:30pm. Look for candy-filled eggs in the snow. 321 Wisconsin

Make & Play Workshop for all ages 9am-11 am, Whiterock Campus, 1150 White Rock Ave.

Let The Games Begin! 11am-3pm, Humane Animal Welfare Society, 701 Northview Road. Activities for kids, a Scent Work demo, games for the dogs (pets are welcome).

Winter Fun at Waukesha YMCA 4-6pm, 320 E. Broadway Ave.. Cookie decorating, arts and crafts, open gym, open swim, and the virtual vault will be available. (Pool may reach capacity.)

Sun. Jan. 28 **Alaskan Malamute Dog Pull**, 11am-3:30pm (De-

pending on no. of teams, the pull may finish sooner.) at Minooka Park (free entrance for the day). Competition with dogs pulling up to 3,000 pounds on a wheeled cart (snow not needed).

Also at Minooka: **Ice Fishing Clinic**, drop-in 10am-2 pm, equipment and bait provided.

Big Games, Big Fun at Schuetz Rec. Center, 11am-2pm. Favorite board games get a whole lot more fun when they're super-sized. Enjoy classic giant-sized games. 1120 Baxter St.

Family Concert by the Wisconsin Philharmonic, 2-4 pm, St. Luke's Lutheran Church, 300 Carroll St. 2pm free musical instrument "Petting Zoo" followed by 3pm concert (\$10 adults, kids are free).

Indoor Ice Skating, 3-5pm, Naga-Waukee Park Ice Arena, Delafield. FREE admission. Skate rental is \$2.50/pair. Sizes are limited; bring your own if you can. 262-646-7072

Retzer Nature Center

Winter Adventures: 10 am-4 pm Sun. Jan. 28. Guided "Winter Wildlife" hikes at 10:30am, 1:30 & 3pm take you on the trails by foot or with FREE use of snowshoes. Children's games inside and out.

Dinosaurs Alive: Planetarium Show, 9:30am-3:30pm. Scientifically accurate computer-generated animation brings dinosaurs back to life in a big way! Free shows every half hour; run 20 minutes.

Wellness and health resources

Clinics serve uninsured

- **Community Outreach Health Clinic in Menomonee Falls** provides non-emergency medical and pharmaceutical care to uninsured and under-insured patients. This includes treatment, dental care, prescriptions, laboratory tests, and wellness education and counseling. Patients must live in the service area of Community Memorial Hospital, which covers 29 zip codes (in Milwaukee, 53222 thru 53225 are served). To be eligible, income must not exceed 250% of the federal poverty guidelines.

Although services at the clinic are free, a \$10 donation is requested from each patient at each visit. The clinic is located in the Outpatient Care Center at Community Memorial Hospital, W180 N8085 Town Hall Rd., Menomonee Falls 53051. Hours: 5-9pm Tues. & Thurs. Drop in, or call 262-257-3393 to schedule an appointment.

- **Free Saturday Clinic for the Uninsured** provides free health care by physicians & medical students at Columbia St. Mary's Family Health Center, 1121 E. North Ave. 8-11am every Sat. 1st come/1st served; many register by 7am. Pharmacy, mammograms, free lab services, well-women visits, & referrals to specialists & dental hygiene services. Diabetic eye screenings available on select dates.

Call 588-2865 for pediatric appts. for under age 18 or more info.

Flu shots will be available Dec. 16 8am-noon.

Stop smoking programs

Free educational class to establish a plan to stop smoking: noon-1pm one Wed. per month, Wheaton Franciscan Family Care Center, 2400 W. Villard. Call for dates: 527-8237. See p 6/Waukesha classes

First Breath helps pregnant women quit smoking

They receive support from their First Breath coaches, educational materials, and small gifts. The coaches are local prenatal care providers who have been trained to counsel women struggling with tobacco use during their pregnancy. Interested in joining First Breath? Ask your doctor or nurse, or contact the Wis. Women's Health Foundation, 1-800-448-5148 or www.joinfirstbreath.org.

Healthcare providers interested in offering First Breath to the women they serve may contact them at www.providefirstbreath.org.

Have a healthy, alcohol-free pregnancy

Pregnant women who participate in "My Baby & Me" receive: 1) Education about their health, baby's health, and alcohol; 2) Personalized counseling sessions and support over the phone from a Pregnancy Educator; and 3) Gift cards for participating. Interested in joining Baby & Me? Ask your doctor or nurse, or call the Wis. Women's Health Foundation, 1-800-448-5148. Healthcare providers interested in offering My Baby & Me to the women they serve, contact Chelsea Tibbetts at ctibbetts@wwhf.org or 608-251-1675 ext: 118

QPR suicide prevention training

at Zablocki Jan. 23, 6-7:30pm at Capitol Feb. 27, 6-7:30pm

Learn to recognize the risk factors and warning signs associated with suicidal thoughts and how to offer hope and help with QPR (Question, Persuade, Refer) Gatekeeper Training. Available to parents, friends, teachers, ministers, medical professionals. Not recommended for someone who has recently lost a loved one.

Infant CPR classes at Columbia-St. Mary's Hospital 7-8:30pm Wed. Jan. 24, Feb. 21, or Mar. 28, or 9-10:30am Sat. Jan. 20, Feb. 3, or Mar. 3. \$30. Must register: 585-1025 or email baby-classes@columbia-stmarys.org 2323 N. Lake Dr.

Grant winner: LaShunda Carter



My name is LaShunda Carter and I am 25 years old. I am the mother of a beautiful three-year-old girl named Nevaeh.

Nevaeh is so full of life and loves to read and play outside. She is my biggest motivation in life.

I am a senior at the University of Wisconsin-Milwaukee majoring in social work and minoring in psychology.

I chose social work as a major because I love helping people and want to make a difference in the world, especially the community I come from. I didn't have the best childhood and upbringing and I want to help children who come from disadvantaged communities and broken homes.

In the field of social work, I want to work with children and adolescents. I believe this is where the most difference can be made in someone's life. I want to be a school social worker once my master's degree is completed. My long-term goal is

to open a group home for adolescents and pregnant teens who are homeless or in the foster care system.

My advice to other mothers would be to never give up!

Being a single mother, working and going to school fulltime, I have my moments where I want to give up. I even took a year off from school. But then I look at my daughter and she's my motivation to keep going. I want to give her the life I never had and that motivates me to keep pushing no matter how difficult it is.

I would also say to always take care of yourself and take your well-deserved breaks. As mothers, we often have to be superheroes, dealing with our children, work, and other duties. We often lose sight of ourselves and doing what makes us happy.

If we are not happy, we can't be there completely for our children.

HS seniors can apply for MATC free tuition

High school students who will graduate in 2018 can apply for the MATC Promise, a program providing free tuition and fees. They must complete Promise and MATC applications, as well as (FAFSA), by Feb. 1. Students must be on-time graduates from a high school in the MATC district or reside in the MATC district. The program will pay students' tuition and fees for four consecutive semesters after federal and state financial grants have been applied. Info: 297-6668 or visit: matc.edu/promise or email matcpromise@matc.edu

Scholarship Writing Contest - \$500 prizes

Open to high school seniors who live in the City of Milwaukee. Monetary award will be mailed to the student after graduation and once he/she is officially enrolled in college or technical school by Sept. 22, 2018. Maximum length: 550 words.

Topic: *What three main problems in our society do you think Dr. King would be trying to solve if he were alive today?* Two scholarships for \$500 will be awarded to the winners (male and female) at King Fest (p. 11). Entries must be e-mailed by Jan. 7 to: janettehererra@aol.com with ML King Contest in subject line. Info: 828-1410



Select us as your charity, shop at AmazonSmile, and they'll donate 0.5% of the price of your purchases to us. It's the same as shopping with regular Amazon, except we benefit each time you purchase! Go to smile.amazon.com. When prompted for the charity name, enter our IEN number: 39-1475304. You may also enter HOPE Network but there are other charities with the same name.

Founder's book sales benefit HOPE

Gail's books are available from Amazon.com, or at the HOPE Network office in Meno. Falls (8-12:30 M-Th): Calling All Horses (\$9), Dessert First (\$13), Dog Woman (\$10), Don't Worry Baby (\$13). For more info or to have her speak at your book club, church or civic group, contact her at gsweet@wctc.edu



Volunteer Spotlight

- Pat Luther and Lois Heider

Although they headed a ministry at Holy Cross Lutheran Church and not HOPE Network, we feel Pat and Lois deserve to be honored here. Their hard work and dedication at the Northwest Trading Post benefited so many HOPE Network families.

After 15 years of service, the Post is closing. They kept careful statistics for the last 14 years, showing a total of 8,331 family visits. The zip codes of attendees were from Waukesha, Washington, Ozaukee, Racine, and even Fond du Lac Counties, although the majority were from Milwaukee County, where the need is greatest. Other non-profits, such as the House of Peace, received the Post's surplus of clothing, household goods, baby equipment, books, and toys.

Although they won't miss all the lifting, and climbing stairs at HOPE to pick up our donations, we're sure they'll miss the smiles of children trying on their new backpacks, or the kids who'd run up and excitedly show them the toys they'd just picked out.

Pat & Lois: Thank you for your service! Relax and put your feet up every 3rd Monday, and enjoy your beautiful gardens next spring!

Looking In, Looking Out

A column by
HOPE Network
founder
Gail Grenier Sweet



“Have fun and do good”

Sometimes an idea takes a long time to percolate. . . like 35 years!

When I founded HOPE Network in 1982, I got a phone call from a lady named Shirley who had learned about HOPE through Mrs. Griggs’s column in the Milwaukee Journal Green Sheet. Shirley was excited about HOPE and gave me lots of helpful ideas. She had learned about building a nonprofit from her own work “in the trenches,” founding another local charity.

“Card parties have worked well for us,” she said. “Everyone playing cards puts money in for our organization. They have fun and do good at the same time.”

At the time, I thought, What a great idea! But perhaps card parties were more popular in 1982 than nowadays? I’m not sure. The card party hasn’t “flown” so far.

However. . . HOPE Network supporters have invented their own ways to have fun and do good. What follows are four examples. Feel free to use these ideas as inspiration for your own entertaining philanthropy!

When HOPE board member Krista Rosolino’s daughter Adelaide was turning one year old, Krista decided to turn the toddler’s party into a diaper drive for HOPE. We received diapers, wipes, and monetary donations from the generous guests.(See photo at right)

HOPE volunteer Lois Graff held a holiday baking party and invited her Kohl’s co-workers to participate. Kohl’s donates \$500 when five employees volunteer three hours to a nonprofit organization. Lois and her friends had lots of fun and laughter baking treats for holiday celebrations at our Southside Mother’s Trading Post and they earned \$500 for HOPE.

200 Nights of Freedom events

200 Nights of Freedom is being organized by March On Milwaukee 50th -- a diverse group of volunteers from a broad range of communities.

Dr. Martin Luther King, Jr. Day Celebration at Martin Luther King Library, (310 W Locust Street). See p. 11.

Jewish Museum of Milwaukee (1360 N Prospect Ave)
Exhibit: *Allied in the Fight* Jan 19 thru March 25

The local component recounts the Milwaukee coalition of Jewish and African American leaders who worked to convince their constituents of their shared quest for liberty and justice and also the Milwaukee Fair Housing Movement Marches of 1967 and 1968.

Urban Ecology Center Washington Park (1859 N 40th St)
Film Screening Series Feb 8, 6:00-8:00pm

An American Ascent documents the first African American expedition to tackle Denali, North America’s highest peak and explores

HOPE supporters Walt and Irene Skipper hosted a Halloween costume party and asked guests to consider donating a baby item for HOPE instead of bringing a beverage or food for the party. After the party, Irene delivered to the HOPE office a hill of boxes of diapers and bags of infant necessities as well as cash gifts from their guests.

Another long-time donor made HOPE the recipient of gifts from a Christmas party last year. Despite a blizzard on the night of the party, HOPE received a carload of gifts donated by the guests.

They arrived at our office in the nick of time. Three days before Christmas, HOPE received a phone call from a social worker looking for some help for her client. The mother had just died after a long bout with cancer, leaving behind two girls: four months old and four years old. Her grandmother was now caring for them, along with two teen boys already in her household.

From the party donations, the HOPE staff gathered up clothing, diapers, toys, and books for the children, and even hoodies and 3-D puzzles for the teens. We’re sure that grandmother was touched by the kindness of strangers at such a difficult time for her family.

Doing good puts smiles on our faces. Thank you to our generous do-gooders! Long may you smile.



the complex relationship many African-Americans have with the outdoors.

UBLAC MASS Potluck Meeting Feb 18, 7:00-9:00 pm
Meeting to continue to develop and foster relationships, ideas, movements and resources.

Wauwatosa Public Library (7635 W North Ave)
Exhibit: *Crossing the Line --The Milwaukee Fair Housing Marches of 1967-1958* March 14 thru April 3

The traveling, eight panel display commemorates the anniversary of Milwaukee’s civil rights marches by telling the story in simple language along with reproductions of 33 historic photographs and documents.

Take in a play or concert this winter

First Stage Children's Theatre:

These 4 productions are at Todd Wehr Theater, Marcus Center:

A Charlie Brown Christmas, based on beloved TV classic, thru Dec. 31.

The Miraculous Journey of Edward Tulane: A lost toy travels home, finding friendship and itself along the way. Jan. 12–Feb. 11. Ages 7+. **Pay-What-You-Choose** 7pm Jan. 16.

The Wiz, based on the television specials by the same name. Feb. 23–Mar. 25. Ages 6+. **Pay-What-You-Choose** 7pm Feb. 27.

Pay-What-You-Choose program: minimum is \$5 for adult or child; purchase in advance by phone: 267-2961 (must mention "Pay-What-You-Choose") or at door (arrive early; doors open at 6pm).

These two productions at the Milwaukee Youth Arts Center, 325 W. Walnut St. and have general admission of \$14 per person:

The Cat in the Hat, based on beloved children's book. Jan. 21–Feb. 25. Ages 3+. A First Steps performance.

Henry V, one of Shakespeare's most popular plays. Mar. 9–Mar. 24. Ages 12+. Performed by the Young Company, nationally renowned for its Shakespeare presentations.

Sensory Friendly Performances

Welcoming environment with lower sound, lights up, and quiet areas staffed by educators experienced with the care of students with autism and other developmental disabilities. Descriptions above (First Stage Children's Theatre)

CHARLIE BROWN CHRISTMAS: 7pm Dec 21 at Todd Wehr Theater.

THE MIRACULOUS JOURNEY OF EDWARD TULANE: 1pm Jan 20 at Todd Wehr Theater.

Dr. Seuss's THE CAT IN THE HAT: 3:30pm Feb 3 at the Milwaukee Youth Arts Center.

Children's Theatre of Wauwatosa: *Caps for Sale*, Feb. 10; *The Lion, the Witch and the Wardrobe*, Mar. 3; *Tak for Troll Tales*, Mar. 24. 2pm, box office opens at 1:30pm. Ages 2–12. Admission: \$5. Longfellow Middle School, 7600 North Ave. Groups welcome, including birthday parties, but call in advance. 527-0198

Milwaukee Youth Theatre: *Jungle Book*, 10am Feb. 8-9. \$11 adult/ \$9 ages 13–17/ \$7 age 12 & under. 820 E Knapp. 390-3900.

Sunset Playhouse: *Caps for Sale*, 10:30am Feb. 1-10. *Into the Woods, Jr*; 6:30pm Mar. 18-19. \$11 adult/ \$7 ages 3+. 800 Elm Grove Rd, Elm Grove. 262-782-4430

Pay-what-you-can nights: 1st come, 1st served

Milw. Rep: *One House Over*, an empathetic but searing examination of boundaries, power, privilege, and fear in a single backyard, Feb. 27-28. 108 E. Wells Box office opens 5:30pm; shows at 7:30pm. 224-9490

Next Act Theatre: *Equivocation*, based on Shakespeare, 7:30pm Feb. 19; 255 S. Water St.



Wiscon-Sing!

Family concert at Boerner Botanical Gardens, 1-2pm Feb. 18. David HB Drake will present a fun, educational, interactive concert. This musical journey through Wisconsin's history includes Native Americans, French explorers, lumberjacks, Great Lakes sailors, and our present-day farmers. Drake

will play handmade and historic instruments, including Indian courting flute, mountain banjo, dulcimer, and concertina. Space limited; must reserve ticket with a pay-what-you-can donation (\$5/person suggested) through boernerbotanicalgardens.org or call 525-5661

HOPE Network readers save \$5 Children's theater at Wilson Center

6pm Feb. 13 *Guess How Much I Love You & I Love My Little Storybook* are brought to life on the Wilson Center stage by the Mermaid Theatre Company of Nova Scotia. Features a whimsical menagerie of animals and imaginary creatures from the endearing bedtime stories. For families with children ages 3-7. Save \$5 off each \$11 ticket using HOPE Network discount code: HOPE1718GHM. Sharon Lynne Wilson Center for the Arts, 19805 W. Capitol Dr.

For tickets, call 262-781-9520, visit www.wilson-center.com, or stop in at the box office between 11am and 6pm.

Symphony Sunday: Festival City Symphony

Saints and Heroes: Program features Beethoven, Hindemith, and Mendelssohn. 3pm Jan.28. 2:45pm children's program notes; conductor also comments in concert. \$14. Pabst Theater, 144 E Wells.

MILWAUKEE GOSPEL JUBILEE TURNER HALL 7:30pm Feb.2

Generations of Milwaukee's best gospel performers come together for a night of sound, celebration and soul. Enjoy the city's finest gospel groups in a cabaret atmosphere fit for mingling, dancing and jubilation. Benefit for Progressive Community Health Centers. Turner Hall Ballroom, 1040 N. 4th. Tickets \$20.

Colectivo Gospel Brunch

11am–1pm Jan. 21. FREE Live music from rotating lineup of Milwaukee's top gospel groups. Coffee, pastries, & brunch available for purchase. Colectivo Coffee 2211 N Prospect. 273-3753

Wisconsin Black Arts Festival

Three-day celebration with live performances by spoken word artists, dancers and musicians; vendor displays; and interactive activities such as demonstrations from visual artists, writer workshops, craft making for children, and film screenings. 10am-6pm Feb. 3, noon-6pm Feb. 4. 3020 W Vliet Street.

Fun things to do

Milw. Co. Parks Information: 257-7275

Free or reduced admission days for Milwaukee County residents with proof of residency:

- The Domes: 9am-noon Mondays (except holidays, inc. Jan. 15)
- Zoo: see Zoo article on p. 14 for free days & reduced rates

Free to anyone; need not be Milw Co. resident:

- Milw. Public Museum: Free 1st Thursday of month
- Art Museum: Free 1st Thursday of the month

Harley-Davidson Museum: Visit for free as part of Gallery Night 5-9pm Fri. Jan 20. Reduced rate of \$10 on Tues. thru April. Reg. cost: \$20 adults/\$10 kids 5-17/under 5 Free. 400 W. Canal. 287-2789

Science Bag free series of interactive performances; ages 8+ that connect science to everyday life. Room 137 UWM Physics Bldg., Kenwood & Cramer St 229-4561. *Note NEW 7pm time.* **DNA Decoded**, Jan 5, 12, 19 & 26 at 7pm & Jan 14 at 2pm; **Lightning and Electricity**, Feb 2, 9, 16 & 23 at 7pm, & Feb 11 at 2pm. **Migration of Modern Humans**, Mar 2, 9, 16, 23 & 30 at 7pm, & Mar 11 at 2pm.

Great Lakes Pet Expo 10am-5pm Feb. 3, State Fair Park, adults: \$7 10-3pm, then \$5 3-5pm Kids 12 & under: Free. V No personal pets allowed; pet adoption available; entertainment, vendors, and educa-

tional reptile display. \$6 park/or park free on street. 915-4156

Cool Fool Kite Festival Veterans Park: 11-5pm Jan. 1. Bring your kites or buy one at Gift of Wings store at the park. See giant kites and kites flown by professionals. Free kite-flying lessons. Watch ice sculpting and get an ice carving lesson. Free hot chocolate, coffee, & snacks while they last. 1300 N Lincoln Memorial Dr. Sponsor: Gift of Wings/others. Free; Free parking. 305-3145

Winter Pow Wow Mar. 10-11 State Fair Wis. Products Pavilion Traditional food, family fun, large Native marketplace, social dance, dance specials. Check price closer to event. Last yr. was adults \$8, senior \$6; 12 & under free. \$6 to park (or park free on street).

V100.7 Family Affair Expo: Sat. Mar. 3, Italian Community Center, 631 E. Chicago St. Free. Free haircuts, tote bags, glitter tattoos, animal balloons, food samples, music stage, the Easter Bunny, other mascots. Check later for details.

Jazz Heritage Festival: Celebrate the roots of jazz in Milwaukee and the Bronzeville neighborhood with the Milw. Youth Symphony Orchestra. Three days of performances by the young musicians in MYSO's Jazz Studies program. Feb. 28 & Mar. 1, 6:30-8:30pm; Mar. 3, 1-4pm. Free. Milw. Youth Arts Center, 325 W. Walnut. 267-2950

The **Milwaukee Bucks** will again hold a Bucks Reading Challenge in early 2018 and *give away free tickets along with the discounted purchase of an adult ticket* to those children meeting the reading goal. Stop in your local Milwaukee Public Library in January to learn more.

Milwaukee continues long tradition of Dr. King Day celebrations

Milwaukee & Atlanta are the only cities to have honored Dr. King's birthday every year since 1984.



21st Annual Dr. Martin Luther King, Jr. Celebration Breakfast

Jan. 15 7:30-9am Italian Community Center 631 E Chicago. Includes community awards and the three youth winners of the MLK Spoken Word Contest. \$40.

Register online at www.ycamke.org/mlk-celebration-breakfast/

17th Annual "King Fest"

Jan. 15 at the Wisconsin Black Historical Museum, 2620 W. Center St. Noon-2pm videos of Dr. King & shop with vendors; 2-6pm program and vendors.

The event will feature national keynote speaker Gregg Carr, chair of Afro-American Studies at Howard University. Prof. Carr is an activist, historian, and author. 6th District Alderwoman Milele Coggs will also speak.

Program includes a reflection of the 50th anniversary of the assassination of Dr. King, drumming, spoken word, songs, and praise dancers, along with the presentation of the scholarship winners. For info about being a vendor (\$20), register by Jan. 8: 828-1410 or email: janetteherrera@aol.com See p. 8 re: these scholarships,

King Day celebration at the Marcus Center

Sunday Jan 14, 1-3pm. Art, speech, and writing student winners. Performers: United Indians of Milwaukee, Rufus King H.S. Gospel Choir, Latino Arts Strings, O.N.F.Y.A.H African Dance & Drumming Group, Milwaukee High School of the Arts Jazz Ensemble and The Milwaukee Flyers Tumbling Team. The 34rd annual celebration concludes with a free reception, 3-4pm, in Bradley Pavilion. The theme for this year is "Take a Stand for Truth and Justice." Arrive early; seating is first come, first served. 929 N. Water.

Martin Luther King Day: Celebrate at the library

Jan. 15, 9am-5pm Martin Luther King Library, 310 W. Locust. Enjoy a morning of hands-on activities and stay for an afternoon of live entertainment. 286-3011.

9 am-12pm Activities for all ages including:

African American book jacket bingo, button-making, craft stations, and community art project with Artists Working in Education.

12:00-12:25pm The King Drumming Group signals the start of the live performances and introduces Mayor Tom Barrett to kick off the celebration.

12:25-12:55pm Signature Dance Company

1:15-2pm Christopher's Project

2:15-2:30pm Spoken Word: Kavon Cortez Jones

2:30-2:45 pm Trivia Contest

3-3:30pm Ina Onilu Drum and Dance Ensemble

3:30-4:30pm Peace Cookies: enjoy cookie decorating

Dr. Martin Luther King Jr. Community Center

Jan. 15: King Day program with guest speakers, spoken word, and powerful singers. Purchase annual memberships at a discount that day for youth, teens and adults. 1531 W. Vliet. 344-5600

ART workshops ART jamborees ART camps

Walker's Point Center for the Arts

839 S. 5 St. www.wpca-milwaukee.org

- FREE After School Art Classes

3-6pm Tues.-Fri.. Open to students of all abilities, ages 6-12. Must register at 1st drop-off, or in advance online. Weekly projects explore painting, drawing, clay, printmaking, or fiber arts.

- Afternoons with Art (AWA) and special session: WPCA All Day

On days when MPS is closed for ages 6-12, WPCA offers programming. Programs range from \$5-\$20 depending on what is being offered. Class size is limited; advance registration is highly recommended. More information can be found at: www.wpca-milwaukee.org

WPCA All Day: 9am-5pm Dec. 22. \$17 per student. (\$10 Early Bird Registration until Dec. 12.) Field trip to the Milwaukee Art Museum for special exhibition featuring Spanish artist, Jaime Hayon. In the afternoon we will have workshops with two visiting artists

Contact information: Basha Harris, Arts Education Coordinator
414-509-6187; basha@wpca-milwaukee.org.

Milwaukee Art Museum

Free to all 1st Thursday of the month. Jan. 4, Feb. 1, Mar. 1, 10am-8pm. Save \$19 (now the price of regular adult admission). Also free to Wisconsin K-12 teachers with valid school ID or pay stub.

Family Sunday: Design Comes to Life, 10am-4pm Mar. 11. Bring whimsy to your designs, inspired by the imaginative creations in the *Jaime Hayon: Technicolor* exhibition and the work of local designers. Invent your own patterns, create a weaving, and turn a simple vase into a sculpture with personality! **Cost:** Family Sundays are free for Boys & Girls Club members & their families with membership card or invite sheet. Also free to all ages 12 & under, but must be accompanied by adult paying \$19 admission

Kohl's Art Generation Studio: Tuesday-Sunday, 10 a.m.-4 p.m. Thursdays, 10 a.m.-7 p.m. The studio is now open every day the Museum is open! Stop by to create art inspired by artwork in the Museum. A different collection or exhibition is featured each month, and the activities are always changing.

Youth Studio Class: Exploring Landscapes, ages 6-10 & 11-15
6 Thursdays: Feb. 15-Mar. 22, 4:30-6 p.m.

Sketch and experiment with painting techniques exploring scenes close to home, far away, and in the realm of the imagination. Students will learn to stretch a canvas and will take inspiration from paintings in the exhibition *Coming Away: Winslow Homer and England* and from the museum's collection. To register, call 224-3803.

Scholarships are available: www.mam.org/learn/classes.php

What a deal! Annual family pass only \$20

Allows families that qualify to visit the Art Museum all year long, with free admission for two adults & children age 17 and under. Also, free admission to the popular MAM After Dark program (for adults). The Family Access Membership Program offers a family membership for only \$20 (normally \$95) to those who qualify for FoodShare, BadgerCare, Medicaid, or WIC. Sign up at the Museum's admissions desk or by mail. Proof of public assistance required. Info: 224-3284

Free Family Art Workshops

Fun and affordable visual art classes for families, toddlers, children, teens, and adults at Sharon Lynne Wilson Center for the Arts, 18905 W. Capitol, Brookfield, 53045.

PLUS - Free Family Art Workshops on 2nd Sat. of month 10am-noon Jan. 13, Feb. 10, Mar. 10. Each workshop features a different instructor and hands-on art project that the whole family can create together. All ages and skill levels are welcome. All supplies included. Registration is required and workshops fill up quickly. Call 262-373-5023 or register online www.wilson-center.com/art-classes

Art program at the libraries

A drop-in program designed for children in Grades K5-5, although older siblings are welcome. Each visit begins with an A.W.E. artist reading aloud a story or two and then discussing the book or illustrator. Participants will then work on imaginative art activities relevant to the book or artistic theme for the day. Families are encouraged to attend and make art together!

Bay View	Mondays, Dec. 11, 18 6-7:30 p.m.
	Thursdays, Feb 22, Mar 1, 8, 22 4-5:30 pm
Mitchell Street	Wed. Dec. 13, 20 & Mar 7, 14, 21, 28 4-5:30 pm.
Central	Saturdays, Mar 10, 17, 24, 31 2-3:30 pm
East	Fridays, Mar 16, 23, Apr 6, 13 3:30-5 pm
Villard Square	Mondays, Mar 5, 12, 19, 26 5-6:30 pm
Washington Park	Tuesdays, Feb 20, 27, Mar 6, 20 4:30-6 pm
Zablocki	Saturdays, Feb 10, 17, 24, Mar 3, 2:30-4 pm

Special sessions for ages 8-12: Mar 10, 17, 24, 31, 2-3:30 pm
A.W.E. art workshop at Central Library.

Museum Swap Day

on Jan 28. If you have an annual membership to Betty Brinn Children's Museum (or the other sites listed below), you can visit other museums for free on Swap Day, Jan 28.

Go to the Charles Allis Art Museum, Grohmann Museum, Milwaukee Art Museum, Milwaukee Public Museum, Villa Terrace Art Museum, or Pabst Mansion. (Discovery World is not included).



ONFYAH dance academy

Dance & drum classes 5:30pm every Wed. \$7 per class; ages 4-18. 1300 W. Fond du Lac. 394-0801 onfyahmke.com

Umoja = Unity Dec. 26

6pm Open and Traditional Ceremony at by The Wisconsin Black Historical Society. Dinner served; vendors. Free. 2620 W. Center. 372-7677.

Imani = Faith Jan. 1

Noon-5pm Jan. 1 *It's a Family Affair* at the Wis. African American Women's Center. Cultural event with candle lighting ceremony, singing, African dancing and drumming, poetry, food, vendors. 3020 W. Vliet. Vendor discount 'til Dec. 15; info: 933-1652

Family nature fun

Havenwoods Environmental Awareness Center

6141 N Hopkins/1 block west of Sherman on Douglas/527-0232 All events are free. Hiking: come for a walk in the park anytime

Drop-Ins: nature activities, crafts, and games for families and youth groups, 9am-2pm. Dec.1 6: Winter PastTimes; Jan. 13 & 20: All about Snow; Feb 10 & 17: The Moon and Stars; Mar. 10: TBA

Family Hikes 10:30-11:30am. Jan. 6: Animal Signs; Mar. 3 TBA

Family Night Hike: 6:30-8pm. Feb. 3: Nature at Night

Preschooler Storytime for ages 3-5 w/adult: 9:30-10:30 am. Dec. 19: Make Gifts from Recycled Materials; Jan. 2: Birds in Winter; Jan. 16: The Moon; Jan. 30: Animals that Sleep all Winter; Feb. 13: Animal Teeth; Feb 27: Cottontail Rabbits; March 13: to be announced

Hiking: Come for your own walk in the park anytime. Borrow snowshoes to use in the park. Staff can show you how to use them.

Retzer Nature Center - Waukesha

S14 W28167 Madison St, Waukesha. . Register at waukeshacountyparks.com or 262-896-8007

Family Adventure Hike: Dec 17; 10-11:30am \$4; kids under 5 free. Enjoy themed adventure, exploring with a naturalist.

Wild Winter Night: Feb 10 6-9pm \$2/person. Guided hikes, free snowshoe use (while supplies last), sing-along, campfire, S'mores and hot cocoa. Dress for weather. Explore winter sky thru outdoor observation with telescopes and indoor planetarium programs. Planetarium ticket distribution begins at 6:20 pm.

The Wonderful World of Water Day: 9am-noon, Feb. 24. Free. Topics mainly appeal to adults. Special exhibits, hands-on activities, speakers.

Wee Wonders ages 2-4 with an adult. 9:30-10:30am \$4. Dress for the weather. Register by Fri before. Jan 9 and 10: White-tailed deer in winter. Feb 13 and 14: The red mitten; what can be collected on your mittens.

Retzer Rangers ages 5-7 with an adult. 4:30-5:30pm \$4 Dress for the weather. Register by Fri before. Jan. 8: Wildlife trackers; Feb. 12: Owl Prowl.

Winter Wildlife Adventures: 9-11am, Jan 6, 13, 20, Feb 3, 17, \$5, Register Fri. before. Learn how to identify tracks of different animals and read animal's activities.

Planetarium programs on Saturdays, \$5 per person.

See Janboree events on p. 7

Wehr Nature Center

Whitnall Park 9701 W College. 425-8550. **\$3 per day to park.**

Natureonauts, Little Wonders and other children's programs are \$7-10 (if Milw. County resident); check dates on Center's calendar.

The following 4 events are \$7-10 for Milwaukee. County residents + \$3 parking. Register by Wed. before program. Dress warmly; bring flashlights for eve. walks.

- **Winter Walk**, Dec 31, 12:30-2pm. Discover how plants and



The Domes 524 S. Layton. 257-5611

FREE on Mondays 9am-noon to all Milwaukee Co. residents with ID. Exception: must pay admission on holidays (Mon. Dec. 25, Jan. 1, Jan. 15). Reg. admission: Adult \$7, ages 6-17 \$5, 5 & under free. Hrs: 9am-5pm M-Fri., 9am-4pm weekends, Dec. 25, Jan. 1.

Naughty or Nice Floral Show thru Jan 7. Behind-the-scenes view of elves at the North Pole.

Meet Santa, Mrs. Claus and Rudolph: Dec. 16, 12-3pm.

Holiday Performance: Let There Be Light with David HB Drake. Dec. 17, 1-3pm. See description of Drake's instruments on p. 10.

New Year's Eve Family Celebration: 6-9pm Dec. 31. \$10. 2 & under free. Tickets for sale at Gift Shop, and at the door. Buy tickets online at <https://on.spingo.com/e/NewYearsEveFamilyCelebration>

Live music, balloon sculpting, magic, fire dancers, face painters, story telling, light shows and more. Balloon drop at 9! Food and beverages for purchase.

Railroad to Wonderland: An Alice in Wonderland theme. Jan 20 to Mar 18. Model trains run throughout the Show Dome.

All-Scale Train Exhibit: 9-4pm Feb. 10-11 .See collectible layouts from the tiniest trains to ones big enough for adults to ride. Explore detail-oriented train layouts from hobbyists from all over Wis.; talk to collectors about their experience and personal collections.

Storyhour for preschoolers, 10:30-11am Mondays (except holidays). Ages 4-7 with adult.

Lynden Sculpture Garden Winter Carnival 10am-4pm

Jan. 27. Day of outdoor art-making, studio activities, scavenger hunts, hikes and whatever other winter activities - ice skating, cross-country skiing, snowshoeing - the weather permits Adults: \$9; \$7 students & seniors. Kids under 6 are free. Family passes for non-members will be available at the door for \$20. 2145 W. Brown Deer

Boerner Botanical Gardens Winterfest 10am-2pm

Jan. 21. Conquer cabin fever with special nature walks (in any weather!), indoor & outdoor games and activities, hot drinks, and family fun. Free (with \$5 suggested donation for nature walks). Food for purchase. 9400 Boerner Dr., Hales Corners. 525-5653.

wildlife thrive in our northern climate. Afterwards, warm up by a roaring fireplace with a mug of hot chocolate.

- **Owl Prowl for Families**, Dec 16, 6:30-8:30 pm, Twilight session: Dec 16, 3:30-5:30 pm. Also: Jan 19 & 20, 6:30-8:30pm. Twilight, Jan 20, 3:30-5:30 pm. Suggested for ages 6 & up. Join a naturalist for an evening out with the owls.

- **Owl Prowl for Adults**, Dec 15, Jan 5 & 6, 7-9pm. Twilight session: Jan 6, 4-6pm.

- **Pop-Up Nature (for Families)**, Jan 27 and Feb 18, 1-3 pm. Natu-

Frosty Free Week at the Zoo

Free admission all week: Dec. 25-Jan. 1
Celebrates the end of the Zoo's 125th anniversary. Free to all. Must pay \$12 parking



UWM Planetarium Shows for adults and ages 5 & up, \$5.

Hubble's Cosmic Quest, 7pm & 8:15pm Fridays Jan. 12-Mar. 2 and 2pm Sundays Jan 21 and Feb 18
Multi-media -- Stars, Stories, and Rhythms of Africa, 7pm Feb. 7. Combines storytelling, music, dance, and indoor stargazing. Refreshments.

Stars Under African Skies, 12:15pm Feb. 7, 14, 21, 28. Each week, a different UWM student will give a guided tour of their native country and the night sky. Free.

Lei Under the Stars: A Hawaiian Escape, 7pm Mar. 7, 8, 9. Explore the rich culture and geography of the islands through music, tropical flowers, multimedia, and indoor stargazing. \$5.

Stargazing with telescopes Jan. 29; Feb. 2, 16; Mar. 2, 9, 23. 9-10pm. View moon, planets, star clusters, and other astronomical objects from the SkyDeck at the Physics Bldg. If cloudy, Planetarium. See planetarium.uwm.edu to park. Physics Bldg 1900 E Kenwood

Milwaukee Public Museum Free admission to all on **1st Thursday of the month**. Open 'til 8pm that night (although butterfly wing closes 4:30pm) Milw. County residents with ID get \$2 discount every day. 800 W Wells. 278-2728

Meet **James Flores of the Oneida Nation** in full regalia 10:10-11:50am Dec. 21. He'll be discussing pow wows and answering questions about North American Indians. On 2nd floor.

See The Streets of Old Milwaukee and the European Village decorated in **holiday splendor** until January.

Snow Day: 11am-3pm Jan. 6. Learn how cultures around the world live, work, play, and celebrate during the winter months. Participate in winter activities throughout the Museum with our Educators, such as craft-making and the Language of Snow. From 11:30am-1pm, meet the Door County Sled Dogs. Take photos with the team and get your questions answered by their mushers.

Meet the Watson Family: an interactive program in the Streets of Old Milwaukee throughout February. Sully and Susanna Watson left oppressive conditions in the South and arrived in Milwaukee in 1850. Through skilled labor and business entrepreneurship, the couple played a vital role in establishing Milwaukee's black middle class.

Beginning Feb. 10, the Museum will host **Maya: Hidden Worlds Revealed**, the largest exhibition about the ancient Maya ever to be displayed in the United States. There will be an additional admission charge for this special exhibit.

Betty Brinn Children's Museum

Neighborhood Nights: **free admission** 5-8pm, Dec. 21, Jan. 18, Feb. 15, Mar 15. Check out museum exhibits and the Be a Maker space, with plenty of materials for kids to create and experiment.

New Year's Eve at Noon: 9am-noon, Dec. 29: A chance for kids to celebrate 2018 early by making party hats, dancing and a juice toast at noon with the museum's annual ball drop.

Stories and Songs: 10:30am-11:15 am, Dec. 29 After reading storybook tales, kids recreate stories through music, dance and drama with help from the Wisconsin Conservatory of Music.

929 E Wisconsin, 390-5437. Reg. admission: \$8 per child or adult; \$7 for ages 55+; children age 1 and younger are free.

Zoo discounts & special events

Family Free Days: Jan. 6, Feb. 3, Mar. 3. Must pay \$12 to park.

Reduced admission on Weds. for Milw. Co. residents w/ID is \$8 adults and \$5.50 ages 3-12. Other days, Milw. Co. residents w/ID save \$1.75 off reg. admission. No discounts on parking.

Body Worlds: Animal Inside Out, special educational exhibit showcases 100 spectacular specimens, each preserved by the process of Plastination. Open Wed-Sun. Cost: \$5.

March 10 & 11: Behind the Scenes Weekend. Visitors can see behind-the-scenes life of their favorite zoo animals

Admission: adult \$11.75; 3-12 \$8.75; 60 & over \$10.25. Parking \$12. **Hours:** 9:30-2:30pm M-F and 9:30-4:30pm Sat/Sun. 256-5412

Urban Ecology Center

UEC - Washington Park 1859 N. 40, 344-5460

Cross-Country Skiing for Beginners, 10-11:30am Jan 13, Feb 10 Includes gear and instruction. Kids must be accompanied by adult. \$9 adults, \$7 kids.

Snowshoeing for Beginners, 10-11:30am Jan 20, Feb 17 adults, \$7 kids, equipment provided.

Young Scientists Club activities range from hiking to helping with research to caring for the Center's animals. 4-6pm Tues-Fri. (except Dec 22 - 31.); 1-4pm Sat. For ages 5-12; \$10 annual membership

Animal Feeding every Sat., 1-1:30pm. Free

Community Pie, Learn pie making and prepare pies for Winterfest. Crust making, 1-3pm, Jan 20. Pie filling, 4-6pm Jan 25. Free.

Winterfest, noon-4pm, Jan 27. Music, food, crafts, homemade pies, hot cocoa. Try cross-country skiing, snowshoeing, ice skating for free.

Winterfest for Afternoon Nappers, 10:30am-noon Jan 27, Ages 2-5 w/ adult. Craft, hike and puppet show. Pre-register.

"Bee" Aware Interest Group, Learn about bees and what actions we can take to help support a healthy bee population. Every first Saturday 10-11am. Free

Film Screening: *An American Ascent*, Nine African American climbers ascend North America's tallest peak, Mount Denali. Feb. 8, 5-7 pm. Free (\$3 suggested donation)

UEC - Riverside Park: 1500 E. Park Place 964-8505

UEC - Menomonee Valley: 3700 W Pierce 431-2940

See their listings online: <http://urbanecologycenter.org/>

Free annual family membership to Betty Brinn

The membership provides free admission for 2 adults & all the children living in the household, plus free bus tickets or parking passes. If you have a free family membership, you must visit at least 4X a year to renew for free. If you think you might qualify for a Family Focus Membership, but are unsure, email familyfocus@bbcmkids.org or call 414-390-5437, ext. 228, for English and ext. 226, for Spanish.

Parenting groups, fun activities at family centers

The Parenting Network

For parent support and coaching or to register for all programs, call the Parent Helpline 671-0566. Ask about new additional programs. Also see website: www.theparentingnetwork.org

Welcome, Baby! The first years of your child's life are the most important. For expectant moms, caregivers and grandparents with children under age two. Provides weekly support, education and resources. One-on-one coaching addresses individual parenting concerns. Child care provided. FREE. Offered at two locations:

- At The Parenting Network, 7516 W Burleigh. 10-11:30am Thursdays, starting Feb. 1. Registration is ongoing.

- At the Oak Creek Library, 10-11:30am Tues. starting Jan. 30

Positive Parenting ongoing 10-week parenting class. \$30 fee. Child care provided. Two locations:

- St. Josaphat Basilica, 6:30-8pm Thurs., 2322 S. 7 St.

- The Parenting Network, 6-7:30pm Wed. or 10-11:30am Tues. 7516 W. Burleigh.

Dads Matter 24/7 Every child has a place inside that only a dad can fill. Ongoing 10-session series, 10-11:45am Sat, 7516 W Burleigh. \$30. No child care available.

Parent Cafe's: Be a *voice* in your community; share your *wisdom*; *learn* from others; and *act* together to create change. Free. Childcare and meals are provided. Times and locations vary.

Stewards of Children: Workshop provides you with the tools to help prevent the sexual abuse of children. FREE to parents; no child care. Call for a time and location in your area: 671-0566.

The Triple P Group: This 8-week class provides practical strategies for behavior problems using the Triple P method. To learn more, call the Parent Helpline, 671-0566. No child care. \$30 fee.

Triple P Seminars/Discussion Groups Looking for a little extra parenting support but not interested in taking a class? These 90-minute programs are held throughout the city. Topics include Developing Good Bedtime Routines; Raising Confident, Competent Children; Dealing with Disobedience; Raising Resilient Children; Hassle-Free Shopping with Children; and Managing Fighting and Aggression. Call the Parent Helpline for a location nearest you, 414/671-0566..

Triple P One-on-One Coaching: Looking for parent support to deal with a specific behavior challenge? Meet with a Triple P accredited coach to get the problem under control. Call to make an appointment at a location near you: 671-0566. For parents of children ages 2-12. FREE.

See more "Triple P" programs on p. 17.

START (Sex Talk as Real Talk): When is the best time to talk with your child about sex? How can you extend teachable moments as your child moves through adolescence? This workshop will provide you with information and resources that will support you in conveying *your* values and expectations about sexual behavior to your children. Times and locations vary. FREE

Strengthening Families, for parents, caregivers and youth, ages 10-14. For 7 weeks, you and your youth will enjoy a family meal, activities and conversations specially designed to bring all of you closer. Times, dates and locations vary. FREE.

Fireworks: 6-8pm Thursday, January 11-March 22. Using group discussion, role play, and practice, you will develop new ways of recognizing and handling your and other people's anger. 7516 W. Burleigh. \$100. No child care.



Check out the great activities listed on these pages!

If you'd like to network with other mothers, these parenting groups and fun programs can connect you, -- plus bring a smile to your little one.

COA Youth & Family Centers

- *Samson Family Resource Center*, Riverwest Center, 909 E Garfield CLOSED Dec. 22-29 & Jan. 1-5. Contact Family Resource Center program coordinator, 290-7908 with any questions about:

Family Drop in Program 9:30-11:30am Mon-Friday. A warm and welcoming place for parents and their young children to socialize with other families, positively interact through art, free play, a nutritious snack, & song circles. Parents may receive resources, including clothing, diapers, food, and referrals for housing and employment.

Lunch Bunch: 11:30-1pm Mon.-Thurs; bring your own lunch, eat with other families, play afterwards

Family Camp: those enrolled in the Family Resource Center will have the opportunity to attend Family Winter Camp in Almond, WI in February for free. Call Program Coordinator about becoming a Center participant.

Baby Box Distributor: Register to receive a free and safe sleeping space for babies.

Parent Education Classes/Workshops: call for details.

- *Gill Family Resource Center*, Goldin Center 2320 W. Burleigh CLOSED Dec. 22-29 & Jan. 1-5. Contact the Resource Center program coordinator, 265-7689 with any questions about:

Family Programming Mon-Thurs. Parents socialize with other parents and positively interact with their children through art, story time, & song circles. Parents may receive various resources, including clothing, diapers, food, and referrals for housing and employment. Times vary. Please call.

Professional Development assistance on Fridays, by appointment. Help with resumes, cover letters, finding employment, and other community needs.

Goldin Girls: group for elders 55+ has field trips, lunches, gardening, arts and crafts, sewing & quilting. 9am-12:30pm Tues. & Fri.

Family Camp: those enrolled in the Family Resource Center will have the opportunity to attend Family Winter Camp in Almond, WI in January 2018. Free. Call Program Coordinator about becoming a Center participant.

Baby Box Distributor: free safe sleeping spaces for babies.



Mom and baby at a gathering of the African American Breastfeeding Network

Held twice a month. Pregnant women, breastfeeding moms, and their families attend for support, education, networking, and encouragement.

Breastfeeding resources

African American Breastfeeding Network Breastfeeding Community Gatherings for pregnant or breastfeeding mothers & families. Dads encouraged to attend, discussion led by male leader. 617-3441

Program and dinner every second Thursday of the month at Northside YMCA 1350 W. North: 5:30pm.

Program every 3rd Sat. at Parklawn YMCA, 4340 N. 46. 11:30am, includes lunch.

- **Columbia St. Mary:** *Breastfeeding Getting Ready* 6-8:30pm Wed. Jan 10, Feb 14, Mar 14. \$20 (scholarships available). Attend while pregnant. *Working Women & Breastfeeding* 1:30-3pm Wed. Dec 20, Jan 24, Feb 28, Mar 28. \$15. 2323 N. Lake Dr. Register: **585-9355**. If not sure baby is getting enough milk or if mom is in pain call 291-1440 ASAP; don't wait for class.
- **St. Joseph Hospital** *Breastfeeding with Confidence* 6-8:30pm Mon. Dec 4, Jan. 8, Feb 12. Best if attend at 7th/8th mo. \$20 fee waived for WIC moms. 888-994-3286
- **16th St. Community Health Center** at 1032 Cesar Chavez Dr. Every Thursday breastfeeding class in Spanish, 11am-noon. 879-5296. To request set-up for English, call 897-5289.
- **Mothering the Mother, Inc** Free drop-in breastfeeding help Weds. 9-11am 1st come/1st served. Breastfeeding class: Jan. 20 or Mar 17 2-4:30pm, Feb 13 or Apr 24 6-9:30pm \$40; scholarship available. La Leche League 6:30pm 2nd Thurs. 1586 S. 81st St., West Allis Info: 446-7107 www.motheringthemotherrinc.org
- **Breastfeeding groups** Waukesha Hosp. 1-3pm Wed; 1-3pm Thurs Oconomowoc Hospital. Breastfeeding helpline: 262-928-7650
- **Waukesha:** Breastfeeding class 12:30-2:30pm Jan.30. Also in Spanish. Register, Wauk. Co. Public Health: 262-896-8430.

Our Daily Bread Community Outreach Center

6040 W Lisbon #203, 301-3732. *Prenatal/new moms p. 18-19*

Also see Youth employment project below.

A Better Us-Support Group For Mothers: (Supporting expecting mothers and new mothers) A Better Us Support Group is a program to help with resources and offer support to expecting mothers and new moms with AODA and/or mental health issues. The goals are to help decrease stress and infant immortality, build support with community agencies, provide diapers, and help mothers find healthy alternatives to living well.

Time: 6pm-6:45pm (Every 2nd & 4th Monday each month) Must sign in by 5:45pm to be eligible for free diapers. Location: 6040 W. Lisbon Ave, Suite #203. Light snacks and refreshments will be served. For more information, please call 414-301-3732

Youth Empowerment Project-(Males & Females)

Do you need a resume for employment, have problems with interviewing questions, your school requires you to perform volunteer hours, you'd like to learn more about Drugs/Alcohol Prevention or would you like to enhance your knowledge on Mental Health awareness? If you answered yes, attend the Youth Empowerment Project at: Our Daily Bread Community Outreach Center, 6040 W. Lisbon Ave, Suite #203

Class dates: Jan. 27, Feb. 10, Feb. 24, Mar. 10, and Mar. 24.

Upon completion, students will receive a Certification of Completion and a Portfolio.

Youth Referral Plan: If participating youth refers another youth and they complete the program, referring youth will receive a \$20 Gift Card (restrictions apply)

For more information, please call 414-755-0535

Car seats: purchase, help to install, safety checks

Ongoing Children's Hospital program: \$25 for car seats or booster seats; appointments required: 607-5280

-- 1647 N 4th St, Mon, 4-6pm, Wed 9-11am, 40 minute instruction if you have a vehicle.

-- 620 S. 76, 3rd Wed of month, 1-2:30pm for those with no car

Greenfield residents: free car seats for WIC clients and other income-eligible parents living in Greenfield. Call the Health Dept. at 329-5275 for an appt.

Car Seat Installation for residents of Brown Deer, Glendale, Shorewood, and other North Shore communities. Call the North Shore Health Dept. at 371-2980 to set up an appt. at the fire station



Babies are safest when they sleep alone, on their backs, and in a crib free of blankets, pillows, or toys. Home should be smokefree. Exposure to smoke raises risk of sleep-related deaths.

If you are in need of a safe place for your baby to sleep, contact the Milwaukee Health Department, 286-8620, or HOPE Network.

Neighborhood House

2819 W. Richardson Place, off 27th St., one block south of W. State

Head Start on p. 20

International Learning Center Holiday Potluck Party, Dec. 21, 9am-noon. Celebrate the holidays with great company and delicious foods from around the world. Performances, crafts, and a special visit from Santa Claus. At the International Learning Center, 639 N. 25.

These events at Neighborhood House, 2819 W. Richardson Pl:

Valentine's Dance and Fashion Show: 5-6:30pm Feb. 8. Join us for a pre-Valentine's day fashion show, followed by dancing, treats, and hands-on activities. Light dinner will be served.

I, Too, Am America: 5:15-6:45pm March 2. The African-American experience through special presentations by Neighborhood House youth. Potluck dinner- make sure to register with the dish you will bring! Register in advanced by calling 414-933-6161 ext. 142.

March Madness: 5-6:30pm Mar. 15. Participate in games and tournaments throughout the evening. There will be fun for the whole family! Plus, light dinner will be served. Register in advance to participate in tournament games by calling 414-933-6161 ext. 142.

Neighborhood House Skate Nights: Jan. 19 & Mar. 16 from 6-8pm. Free to attend. Skate rentals FREE with donation of 2 non-perishable food items for the Central City Church's food pantry. Participants must sign liability waiver.

Family Adventures

Milwaukee Art Museum: 1-3:30pm Jan. 20

Explore the different creatures and animals in artwork from various cultures. Afterwards, explore the museum's other art pieces. Bus departs from Neighborhood House 2819 W. Richardson Pl.

Harley Davidson Museum: 12:45-3pm Feb. 17

Experience the history and legacy of Harley Davidson through a guided tour. Transportation from Neighborhood House not provided; we will meet at the museum: 400 W. Canal St. Parking is free.

Maple Sugaring: 9:30-1:45pm Mar. 17.

Do you know where your maple syrup comes from? Learn how real maple syrup is made in the woods of our Nature Center. Bus departs from Neighborhood House. Please pack a lunch.

Positive Parenting Program at the library

Receive free parenting support at drop-in coaching sessions or guided discussion groups provided by The Parenting Network. Learn strategies that really work!

Drop-In Parent Coaching Sessions: If you are looking for support on a specific issue or parenting challenge (for ages 2-12), attend a Positive Parenting Program (Triple P) coaching session.

You and your coach will develop an individualized parenting plan that includes practical strategies to help you and your family succeed. To secure your time, call ahead: Parent Helpline, 671-0566. Walk-ins welcome. Washington Park Library, Jan 10, 17, 24, 31, 3-6 pm

Guided Discussion Groups

- Disobedience Jan. 12
- Bedtime Routines Feb. 9
- Fighting/Aggression Mar. 9
- Shopping with Children Apr 13

All are 9:30-11am at Central Library, Herzfeld Activity Center. Registration required: 286-3011.



Strong Baby Sanctuary

Are you pregnant or have you recently given birth? Contact a Strong Baby Sanctuary to learn about community resources to support you and your family. The Strong Baby Sanctuaries embrace pregnant women and their families and offer information and resources, mentorship and spiritual support to create stronger babies in the Milwaukee community.

For information or to schedule an appointment, please call:

- Ascension Fellowship Church, 4925 N. 24 Place, 378-4031

- Bethel CME Church, 3281 N. 26 St., 315-0272
- Bethel Temple Church of God in Christ, 2576 N. 5 St., 397-5833
- Bountiful Harvest Church of God, 3300 N. 39 St., 871-3881
- Bradford Memorial AME Church, 4260 N. Teutonia, 445-2189
- Calvary Baptist Church, 2959 N. Teutonia, 372-1450
- Canaan Baptist Church, 2964 N. 11, 264-2070
- Capuchin Community Services/House of Peace, 1702 W. Walnut, 933-1300 ext. 11
- Christ Mission CME Church, 1601 W. Clarke St., 264-3515
- Catholic churches/eastside/St Hedwig 1716 N Humboldt 271-6577
- Divine Temple C.O.T.F.B., 5532 W. Hampton, 617-3300
- Ebenezer Church of God in Christ, 3132 N. King Dr., 793-0328
- For Him International Ministries, 2544 N. 27 St., 263-8960
- God's Hands Outreach Ministry, 6151 N. Sherman, 687-1888
- Greater Bethlehem Temple World Ministries, 222 E. Center St., 264-5350
- Hephatha Lutheran Church, 1720 W. Locust, 264-0238
- Holy Cathedral Church of God in Christ, 2677 N. 40, 447-1965
- Lamb of God Missionary Baptist Church 8415 W Bradley 355-0931
- Little Community C.O.G.I.C., 2025 W. Hampton, 514-5151
- Mount Calvary Lutheran Church, 2862 N. 53 St., 873-3931
- Mt. Zion Missionary Baptist Church, 2207 N. 2, 372-7811
- Newport Missionary Baptist Church, 2237 N. 11 St., 265-5881
- Pilgrim Rest Baptist Church, 3456 N. 38 St., 873-1045
- Reformation Lutheran Church, 3910 W. Lisbon, 444-0440
- Silver Spring Neighborhood Center, 5460 N. 64, 463-7950 ext. 70
- St. John Concordia CME Church, 300 W. Concordia, 264-9881
- St. Martin de Porres Catholic Church, 128 W. Burleigh, 372-3090
- St. Matthew CME Church, 2944 N. 9 St., 213-5091
- True Love Missionary Baptist Church, 210 W. Keefe, 264-6869
- Unity Gospel House of Prayer Apostolic Church, 1747 N. 12 St. 574-1245
- Unity Lutheran Church, 1025 E. Oklahoma Ave., 744-6311
- Village Ministries Inc., 2614 W. Center, 535-8227

Consider joining the Sanctuary program

The Strong Baby Sanctuary program has an important goal: To assist faith communities in being a safe place for pregnant women as well as new mothers, fathers and families to get health-related support. Consider joining the program in the important work to ensure that more Milwaukee babies are born strong and can thrive through their first year of life. Contact Penelope Stewart, 585-4805.

Local resources help you be a better parent

PREGNANCY –

Counseling and prenatal care

City of Milw. Health Dept. home visits: offers several nurse home visit programs for parents-to-be who are City of Milwaukee residents. Call 286-8620 to speak with a nurse.

Waukesha: Childbirth education classes Jan. 9, 16, 23. 12:30-2:30pm Free to those in any Waukesha County Health & Human Services program. 514 Riverview Ave. Register: 262-896-8430

UWM Community Nursing Center Prenatal care coordination services provided at our sites: House of Peace, 1702 W. Walnut, call 933-1590; and Silver Spring Neighborhood Center, 5460 N. 64, call 535-0432 (family planning services only provided at this site). Call for info or to schedule at appointment.

Next Door Head Start and Early Head Start home visitation provides weekly home visits for pregnant moms & families with children up to 5 yrs. Services available for special needs children. 2545 N 29 Street & 5310 W Capitol 376-8902 ext. 2544

16th St. Community Health Center At 1032 Cesar Chavez Dr: Every Tues. car seat class English/Spanish 10-11am
At 2906 S. 20 St: Prenatal Class - call for dates: 897-5296

Welcome, Baby! for expectant moms, caregivers & grandparents with children under age 2. 10-11:30am Thurs. starts Feb, 1 at The Parenting Network, 7516 W. Burleigh, and 10-11:30am Tues. starting Jan. 30 at the Oak Creek Library. Info at TPN: 671-0566.

Mommy & Baby-Live Well Be Well supports expectant mothers & mothers with newborns (30 days or less). AODA/mental health assistance, parenting classes, nutrition education, community activities, breastfeeding training, lifestyle management (stress relief techniques) clothing incentives, and \$25 client referral program.. Baby Boxes (safe sleeping space) available. 301-3732. Our Daily Bread Comm. Outreach Center, 6040 W Lisbon, #203

Life Enhancement Supportive Services: prenatal care coordination, childcare coordination, AODA/mental health services for eligible women. Continues to help mothers with access to medical, social, and educational resources until the child's 7th birthday. 6001 W. Center St. Ste. 100, 444-2380

Encompass Solutions: client-centered PNCC/CCC services for pregnancy and up to 7 yrs. after delivery. Free to Medicaid-eligible pregnant women & their families to assist in preventing adverse pregnancy outcomes and to help the family become self-sufficient. Services: parenting & nutrition education, employment training, housing resources, C.A.R.E Bundles, SBIRT/perinatal addiction counseling, 1st Breath, Mommy & Me Services. 722-3274

Mothering the Mother Birth professionals Meet & Greet 1st Thurs. of month. PNCC services to those who qualify; childbirth & breastfeeding education & support groups. www.motheringthemootherinc.org. 1588 S. 81 St, West Allis. 446-7107

Childbirth education at Aurora Sinai: see Teen Services p. 19

Prepared Childbirth classes at Columbia-St. Mary's Hospital 4 session 6-9pm series starts Tues Feb. 27; four 3-6pm Sun series starts Jan. 28 or Mar 4; 6 session Mon. series starts Dec. 18 or Feb. 26 at 6:30pm. Thurs. 6-9pm Jan. 18 or Feb. 22. \$80, but partial or full scholarships available. Weekend series also. Must register. 2323

N Lake Dr. 585-1025

Childbirth Preparation series at Wheaton Franciscan hospitals: St Joseph Hospital, St. Francis Hospital, and Elmbrook. Offering 1 day class (9am-4pm) or 2 days (6-9pm) or Mondays 6:30-9pm for 4 wks. listed at: www.mywheaton.org \$80 fee waived for WIC moms. 888-994-3286

Well-Rounded Maternity Center: Babywearing 1-2:30pm 4th Sat; Cloth Diapering 2:30-4pm 2nd/4th Sat. \$15 each. Resale of maternity clothes & cloth diapers. Birth Options Seminar 1st Tues. 7-9pm \$5. New Parenting Circle/support group 11:30am-1:30pm Fri. \$5 donation. 2455 S Howell, Bay View. 744-7001 <http://well-roundedmaternity.com/>

Prenatal care coordination from health insurance companies includes help to find baby supplies, local resources, childcare, and provide info on nutrition, breastfeeding, parenting:

Managed Health Services Start Smart: 1-800-496-5803. Includes free home visits from nurse or social worker.

If you have *Dean Health Plan*, call 608-830-5908 re: the Strong Beginnings program

UnitedHealthcare 1-800-599-5985 free to anyone with Medicaid. Provides ongoing prenatal support over phone re: Healthy 1st Steps

Healthy Mom, Healthy Baby Prenatal care coordination program free to *Children's Community Health Plan* members (HMO for families w/Badger Care Plus). Get support & services needed to have a healthy pregnancy, healthy baby. Incentive program to earn baby items & gift cards, welcome mom kit, breastfeeding kit, home visits. 266-3751

iCare for Mom and Baby: free prenatal program for pregnant iCare BadgerCare Plus and Medicaid SSI members. Help to find a health care provider and obtain baby supplies. Independent Care Health Plan (iCare): 1-800-777-4376.

Care Net Pregnancy Center of Milwaukee 10am-4 pm Mon-Fri Pregnancy tests, ultrasounds, free prenatal vitamins, maternity clothing, baby clothing, diapers & items. Post abortion support & options counseling. Call for an appointment. Free, confidential. 2917 N Oakland. 962-2212

Pregnancy counseling & resources & Family Resource Center: Children's Hospital. 453-1400.

Coalition for Children Youth & Families provides information to those thinking about adoption for their child and to prospective adoptive parents, professionals & others interested in adoption information. www.wiadoptioninfocenter.org 1-800-762-8063

Lutheran Counseling & Family Services adoption, birth parent counseling, resources, and education services. 3800 N Mayfair Rd. 536-8333

Milwaukee Birthright, free pregnancy tests, physician referral, call before coming. Layettes given 3-4 wks before due date; bring photo ID, and pregnancy statement. 2025 W. Oklahoma Suite 125 672-5433 (24 hr. line)

New Beginnings long-term program w/ housing that guides new, single mothers towards self-sufficiency with opportunities to continue education, grow spiritually, learn parenting skills. 376-0595

Women's Support Center: 100% free services. Pregnancy tests, ultrasounds, breastfeeding & childcare classes, fertility care, material assistance for mothers with babies & small children, and

natural family planning. 2051 W. Wisconsin Ave. 934-8888

Women's Care Center, free pregnancy test, free limited Ob/ultrasound (appointments required), medical & social service referrals, childbirth & parenting classes, material assistance when enrolled in Center services. 634 W Historic Mitchell St 645-4050, bilingual. 1441 N Farwell. 223-2610

Associated Pregnancy Services unintended pregnancy consultation, free pregnancy tests, limited ultrasounds. Loving Parents Incentive Program, newborn gift pack, diapers, post-abortion support. 8501 W Lincoln, 1214 S. 8th St.. Call helpline for walk-in hrs or for appointment: 727-8177.

Adoption Choice, Inc: Confidential, supportive and caring private agency offering free pregnancy counseling, emotional support & adoption support services. Education, resources, home visits. 500 W. Silver Spring, Ste. K235. 24 hr hotline: (800) 255-6305

Pregnancy/Parenting Hot Line confidential line for Waukesha & Milw. Co. Pregnancy & parenting info, referrals for insurance, doctors, WIC, housing, etc. 8am-4pm M-F 262-548-4000

A Place of Refuge: 476-6333, a network of volunteers that are committed to assisting pregnant women with needs. Can provide temporary housing for pregnant women and children.

Catholic Charities Pregnancy Support Program assists expectant mothers and new mothers with emotional support, community resources, education for pregnancy and parenting. Also works with parent wanting to make an adoption plan. Home visits available. Free. 2021 N. 60. 771-2881

Pregnancy Support Services of ECFA pregnancy counseling support & goal setting, home visits, Baby Boxes available for clients (safe sleeping space), parenting support, adoption services, short-term newborn respite care, home visits. Free and confidential. Evangelical Child & Family Agency, 1617 S. 124. 262-789-1881 24-hr. emergency line

Bethany Christian Services free pregnancy counseling, information on all options, confidential support, adoption & voluntary foster care services, parenting resources. N14W23755 Stone Ridge Dr Waukesha. In-home visit if have no car/Wendy: 262-547-6557

Waukesha/ Tomorrow's Choice Family Resource Center Mon 4-7pm, Wed & Sat. 9-noon Free, confidential counseling re: pregnancy & post-abortion stress related issues. Baby supplies are also distributed (diapers: size NB-5, wipes, clothing up to 24 mos.) Not a medical facility. 912 N Barstow, Waukesha, 262-513-9590

Easter Seals, Safe Babies Healthy Families pregnancy & parenting home visits for Waukesha and Milwaukee Counties (plus some areas of Walworth Co.) Education, support, resources, adoption information. English/Spanish mom's groups. Baby Buddies, Childbirth education class in Milw Co. 262-548-4000

BREASTFEEDING resources moved to p. 16

BABIES and CHILDREN

Welcome, Baby! for expectant moms, caregivers & grandparents with children under age 2. 10-11:30am Thurs. starts Feb. 1 at The Parenting Network, 7516 W. Burleigh. and 10-11:30am Tues. starting Jan. 30 at the Oak Creek Library. Info at TPN: 671-0566

Mommy & Baby Live Well Be Well Care coordination (CCC) for mothers with newborns (30 days or less). Continued CCC services until child is age 7 (access to AODA/mental health, educational, & social resources) at Our Daily Bread Community Outreach Center, 6040 W Lisbon #203, 301-3732 **Mommy & Baby Project:** free emergency diapers, by appt. only. Call 755-0535 w/ your name and phone no. & call will be returned in 24-48 hrs Also see: **A Better Us-Support Group For Mothers** on p. 16.

My Morning with Mom 10-11:30am Thurs mothers & babies, discussion with health care professional. Aurora Women's Pavilion 8901 W. Lincoln. Info: 888-863-5502

New Parents Network Newborns & infants 11am-1pm Wed. Toddlers 8:30-10:45am Wed. Columbia St. Mary's Hospital.

Moms Chat 10-11:30am Tues. Wheaton Franciscan Brown Deer Campus (inside Y) 9252 N. Green Bay Rd. 888-994-3286

Infant Massage Sat 10-11:30am Jan 27, Feb 24; Wed 1:30-4pm Dec 20, Jan 17, Feb 21, bring baby 4 wks to pre-walker. \$15, but can ask for scholarship. Columbia St Mary, 2323 N. Lake Dr. 585-1025

Mothering the Mother: Baby Wearing & Cloth Diapering on a Budget, both \$10, www.motheringthemothertinc.org 446-7107

Women's Care Center Crib Club coupon incentives if enrolled in class for crib, car seat, stroller, clothing, diapers. Classes: one-on-one birth preparation, baby care basics, breastfeeding, & goals 634 W Mitchell St, 645-4050/1441 N Farwell 223-2610

New Concepts 8-wk parent series Wed 10-noon or Th 5-7 pm Register 1st day; only 30 in class. 1531 W Vliet 344-5788 x30

Children's Hospital adoption services, child & family counseling, foster care, parenting programs 620 S 76, Ste 120. 453-1400

Teen parent services

Childbirth education free classes (**Easter Seals Safe Babies Healthy Families**) **Aurora Sinai**, 960 N. 12, 4:30-6:30pm 4 Thurs starting Jan. 18. Receive diapers by attending all 4 classes Register: 262-548-4000

Safe Families for Children

Provides a secure, temporary home for children whose parents are in a crisis situation (average stay is 6 weeks). May also provide housing assistance to teen mothers and their children. Support is provided to families in the hopes of preventing child abuse and neglect, reuniting a family as soon as possible, and introducing a support system to families living in social isolation. Families in need may also be connected to Family Friends and Family Coaches. Info: 405-9318. For immediate placement needs, 24-hour intake line: 855-240-6604.

Are you pregnant, just had a baby or have children under 5?

WIC provides food, as well as nutrition information, to help keep families healthy. At Northwest Health Center, 7630 W Mill Road; Keenan Health Center, 3200 N 36th St; Southside Health Center, 1639 S 23rd St. Call 286-8820 to make an appointment.

Classes for childcare providers, budgeting, home buyers

Ready to Read with Books2Go

FREE childcare provider continuing education by Milw. Public Library. Registration required, begins 1 month ahead. Register early; classes fill up fast: 286-3011 (have your Registry ID no. handy when you call). Adults only; no children.

The Six Skills for Early Literacy: Leave with fun ways to expand lessons with books to include the skills. This workshop is the foundation for other provider workshops, and we recommend you attend this first. Tier 2; CE: 3.0 hrs. Capitol Library, Jan, 20, 10:30am-1:30pm or Villard Square, Mar. 24, 10:30am-1:30pm.

Start Right, Finish Bright: Building Foundations in Your Infant & Toddler Classroom Learn to create an optimal environment for healthy brain development in babies & toddlers. Leave with a list of great books and activities that promote early literacy skills. Tier 2; CE: 3.0 hrs. Center St.: Feb. 10 10:30am-1:30 pm

Dialogic Reading: What it is/ How to Use it Effectively with Young Children. Tier 1; CE: 2 hrs. East: Feb 24, 10:30-12:30pm

Letter Knowledge College: Teaching the Alphabet. Includes materials to make an activity for your classroom. Tier 1; CE 2.0 hrs. Central Library, Mar. 10, 10:30am-12:30pm

Free Head Start for infants & toddlers

- **Milwaukee Public Schools** Free preschool for low-income children ages 3 & 4. Families supported with services in education, health, dental care, mental health, and disabilities. Children with special needs are an enrollment priority; those in foster/kinship care are automatically accepted. 26 sites with half-day K3, full day K3, or full-day K4. Free transportation. Info/registration: 252-0350

- **Neighborhood House** has full day, full year Early Head Start program. Ages 6 weeks to 3 years. Special needs children welcome. Diapers provided in class. 2819 W Richardson Place. 933-6161 ext 139

- **Acelero Learning Wisconsin** is still enrolling children ages 3-5 for the 2017-2018 school year. Acelero has 10 locations throughout Milwaukee Co., including 2 new K4 locations in Cudahy. You can find all of their centers at www.acelero.net Acelero has more Five Star centers in SE Wis. than any other program. To enroll, call 616-5000

- **Next Door Head Start** for ages 3-5. Nutritious meals, field trips, family resources/referrals, results-based curriculum. Must meet income guidelines. Sites throughout Milw.; main campus, 2545 N. 29. Info: 562-2929 ext. 197. Early Head Start home visitation & PNCC/CCC programs provide weekly home visits for pregnant moms & families with children up to 3 yrs. Services for special needs children. 2545 N 29 & 5310 W Capitol 562-2929 x 290

- **La Casa De Esperanza Early Head Start** in Waukesha is a free program for families with incomes at or below the federal poverty guidelines. These services are for pregnant mothers, and for families with children from birth to three years old. Special accommodations may be made for children with a documented disability.

Families experiencing homelessness and foster care children automatically qualify. Free family services include: parent education, health information, individualized support, disability services, nutrition education, and social activities. 410 Arcadian Ave. Call 262-832-1575 and ask for Mary Beth.

Home buyer workshops - FREE

Housing Resources, Inc. offers the two free workshops below. For more information, call 461-6330 or visit www.hri-wi.org

Homeworks Workshops for first-time homebuyers. Real estate experts help buyers avoid common pitfalls when buying homes. Learn to improve credit, maintain savings, and budget. Hear about grants to help with down payment and closing costs.

-- January 17, 24 & 31, February 14, 21 & 28 or March 14, 21 & 28 at Central Library, 6-8:30pm

-- January 13 or February 24 at WWBIC, 10am-4pm

-- February 6 & 13 at Mary Ryan Boys & Girls Club 9am-noon

-- January 20 or February 17 at HRI's Waukesha Office, 10am-4pm

"I bought a house! Now What?" workshops: maintenance basics, home retention tips, how to get involved in the community, and learn how to qualify for local home improvement resources or tax foreclosure prevention resources.

-- January 13 & 20, February 3 & 10 or March 3 & 10 at Housing Resources' Office, 9am-noon.

Homebuyers Seminars United Community Center. Learn the process of buying, get pre-qualified for a mortgage, loan, home-buyer certificate, learn about grants. 6-10pm. 1028. S 9, 384-3100

English Part 1: Jan 4, Feb. 1, Mar. 1 **Part 2:** Jan 11, Feb. 8, Mar. 8

Spanish Part 1: Jan 18, Feb. 15, Mar. 22 **Part 2:** Jan 25, Feb. 22, Mar. 29

First Time Home Buyer free seminar, 6:30-8pm Jan. 16, UW Credit Union. 2525 S. 108 St. Topics: Is buying a home right for you? Different loan options. How to get preapproved so you can start looking for a home in your price range. Register: www.uwcu.org Select tab: Advice & Planning, then: "Financial Education."

Wis. Women's Business Initiative classes

For all classes, register online at wwbic.com or call 263-5450.

-- **How to Increase Your Credit Score**, noon-1pm, free, online. If you've had credit challenges in your past, it won't take the rest of your life to recover. Learn practices with the most impact on your credit score and how to take control.

Also 6-7:30pm Mar. 6, Center St. Library, 2727 W Fond du Lac

-- **What Can WWBIC Do For You?** noon-1pm Jan. 24 or Mar. 12, free, online. Learn about business education courses, business loans & the range of services offered by WWBIC.

-- **How to File Your Own Taxes**, 6-7:30pm Jan. 30. Milwaukee Public Library - East Branch, 2320 N Cramer St

-- **Meal Planning & Couponing**, 6-7:30pm Feb. 26. Explore ways to stay within your household budget by using coupons and meal planning for your family. Milwaukee Christian Center, 807 S 14th

Financial Literacy at East Library

Jan. 23, 5:30-6:30pm *Keep it Safe:* Are you financially prepared for the unexpected? Learn how to guard against identity theft, and plan for unanticipated death or disability.

Feb. 27, 5:30-6:30pm. *Borrowing Basics:* learn how credit works and types of credit that are available.

Free workshops by PNC Bank.

Computer help

Milw. Public Libraries: free 2-hr. hands-on computer training; register at www.mpl.org or 286-3011. Walk-ins welcome if space is available. Computer basics, Internet, e-mail, beginner & intermediate Word, PowerPoint, Excel Day, evening, and Sat. a.m. sessions.

Journey House computer class

1-2:30pm Tues. & Thurs. New class starts each month, although students may continue. Bilingual. Free onsite childcare, ages 1-6. 2110 W. Scott. Call for cost/ to register: 647-0548

Free adult education

Offered by Literacy Services of Wisconsin thru MPS. GED prep, GED in Spanish (at South Division only), HSED alternative (at North Division only), reading, writing, math, English language learning (ELL), citizenship, basic computer skills, resume preparation, skills for helping children with homework and more are offered one-on-one, in small groups, classes or workshops at North Division High School, 1011W. Center, Rm 158, 267-5171 and South Division High School, 1515 W. Lapham, Rm 111, 902-8509

THRIVE Career Pathways Internship at Journey House

Journey House program seeks motivated adults ages 18 and up to participate in certified trainings in career pathways such as construction, manufacturing, healthcare (non-medical), retail, and hospitality. Nine weeks of FREE intensive training and coaching assists interns to become THRIVING employees to earn family-sustainable incomes (potential earnings \$20,000 to \$37,000). THRIVE program includes 1) Mental toughness; 2) Workforce readiness; 3) Career Day employer tours; 4) Field-work experience; and 5) Employment placement assistance to successful candidates. To participate, select and attend one information session through Dec. 19; dates/times available at <http://www.journeyhouse.org/events.html> 2110 W. Scott

Want a GED? New skills can mean a better job

Beware of scams: GED tests are never offered online; they can only be taken in person at official testing centers, such as these:

SDC: HSED (PI 5.09/Competency-Based Diploma) & GED classes have a rolling admission process with classes held throughout the year. A TABE score of 5.0 is required for HSED. Apply online at cr-sdc.org by visiting the Programs/Education Services section. Classes at SDC office: 1730 W. North Ave. 906-2750.

Adult Learning Center, 1916 N. 4. Classes for students of all learning levels, from 3rd grade reading level thru high school. Call 263-5874 to sign up for a test for new students. Test fee: \$1

YWCA Community Adult Learning Lab, HSED/GED preparation & testing 8am-4pm Mon-Fri. 1915 N MLK Dr, 267-3146

The Next Door GED Fast Track and Skill-Building Adult Education Program has orientations for new students every Thurs. Adult education/GED 9-noon Mon-Wed or 1-4pm Mon-Wed. Individualized instruction, transition services to higher education. 2545 N 29. Call 562-2929 x2517



Job help

Summer Job & Internship Fair, 11:30-1:30pm Feb. 13 at Cardinal Stritch, 6801 N. Yates Rd (1st Floor, Bonaventure Hall Corridor). Employers will be offering summer jobs & internships. 410-4157

Journey House at 2110 W. Scott: help with job searches, resume writing, interview prep, open lab Tues/Th noon-2 pm; 1-on-1 appts. financial coaching: credit review, debt, budget. 647-0548

Professional Development at COA, 2320 W. Burleigh: Job leads, resume building, cover letters, help with community needs Fridays by appointment. 265-7689

Goodwill Workforce Center: Free services to help you find a job. No appt. needed. 9-5pm M-F. Job postings, workshops & help with resumes/cover letters, access to computers, Internet, printer, fax; drivers's license recovery program. 3903 N. Richards, 962-4148; 6055 N. 91, 847-4960; 153 W. Oklahoma, 847-4740; 5400 S. 60, 847-1500.

YWCA Career Opportunity Center: resume & job search help, interview practice, on-the-job training. Walk-in, need to fill out intake form. 8am-7pm Mon. & Wed.; 8am-5pm Tues., Thurs. Fri.; 9am-1pm Sat. 1915 N. Dr. Martin Luther King Jr. Dr. 374-1800.

Employment & Life-skills - The Women's Center 505 N. East Ave. Waukesha. Open to the community. Call for topics for free monthly workshops. Additional 1:1 help with resumes, cover letters, interviewing. Free computer use for job search by appointment. Free childcare by appointment: 262-547-4600

Teens Grow Greens applications due Dec. 20

If you have a teenager who wants to earn money, develop life-skills and be a part of a team, then urge him or her to apply for an internship position with Teens Grow Greens. They will be hiring 22 teens for the 2018 internship class. Go to teensgrowgreens.org to download an application, which is due Dec. 20. During a nine-month paid internship working in the garden, kitchen, or farmer's markets, teens develop life skills through hands-on experience.

Literacy Services of Wisconsin offers one-on-one and small group tutoring for adults seeking tutoring in math & reading, English language learning, GED/HSED preparation, basic computer skills, and citizenship at 5566 N. 69 (463-7389), 1501 S. Layton Blvd. (643-5108), and downtown at 555 N. Plankinton (344-5878)

Journey House Family Learning Center: Adult Basic Skills, GED in English & Spanish, English Language Learning (ELL) classes, & Citizenship. Call 647-0548. Free onsite childcare for morn/eve classes for ages 1-6. Computer class above.

New Concept Self-Development Center: adult education/GED prep. free 9am-noon Tues/Wed/Thurs. Individualized instruction, transition to higher education at MATC. May receive scholarship for \$135 exam fee if comply with requirements and attend class regularly. Visit class to register. 1531 W. Vliet. 344-5788.

Waukesha WCTC campus provides free programs: Adult High School (credit recovery), High School Equivalency Diploma (HSED) & GED, English as a Second Language classes, and more. Programs are available to everyone. To get started, call 262-695-6500 for info.

Free clothing at Southside Mothers Trading Post

If you need infant or children’s clothing, visit our Mother’s Trading Post, Ascension Lutheran Church, 1300 S. Layton Blvd.

- Used clothing. Now has a limited supply of older children’s sizes. You can bring clothing your children have outgrown.
- Each mother may take 1 bag of clothes once every 2 mos., and wipes and disposable diapers for each child in diapers.

The used clothing is free, but mothers are asked to bring 1 or 2 cans of food for the local food pantry in exchange for clothing. Co-sponsors: HOPE Network & Ascension Lutheran Church

When: 9:30-11:30am (**MUST arrive by 11:15**)

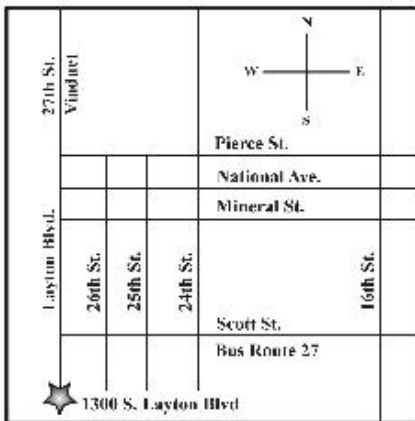
1st & 3rd Thurs: Dec 21; Jan 4 & 18; Feb 1 & 16; Mar. 1 / 16

Ascension Lutheran Church

1300 S. Layton Blvd.
(S. 27th St.),

On east side of Layton, one block south of Scott St. Bus # 27

Located in south wing of church; enter southernmost entrance marked by a brown canopy and number “1300.” Room is now upstairs



During the 15-year run of the Northwest Trading Post, children and their parents received so many needed items. There were more than 8,000 family visits recorded.

Northwest Trading Post to close after Dec. 18

The Northwest Trading Post in Menomonee Falls will be open in December, and then is closing its doors. The Post has been sponsored by Holy Cross Lutheran Church, with HOPE Network as a community partner. See article on page 8.

On Dec. 18, families may choose used clothing, from infant to adult; toys, housewares, books, and baby equipment as available

- One bag of clothing per family, please.
- The used clothing is free, but participants are asked to bring one or two cans of food for the local food pantry in exchange for the clothing. Open to anyone in need.

When: 1-2:30pm and 6-7:30pm Monday, Dec. 18

Where: Holy Cross Lutheran Church,

W156 N8131 Pilgrim Rd., Menomonee Falls, 53051

(just south of Appleton Ave. on Pilgrim Rd.) Back of building.

Prevent dangerous childhood lead poisoning

Exposure to lead can be harmful to people, especially to children under the age of 6 because their bodies absorb more lead than adults, and their brains and nervous systems are more sensitive to the damaging effects of lead. Pregnant and breastfeeding women, or women planning pregnancy, should be aware of lead hazards in order to prevent exposure to a developing baby.

The most important way to prevent childhood lead poisoning is to keep children from coming into contact with lead, and to be sure that children are tested for lead exposure.

Remember: Safe Paint, Safe Water, Safe Kids.

To protect your children, get lead-safe in three steps:

1. Look for lead: Know the common sources of lead exposure. Check your home for chipping, cracking, or peeling lead-based paint or lead pipes and plumbing.
2. Talk to a doctor: If you have a child under age 6, ask your doctor about lead testing. All children in Milwaukee should be tested for lead three times by the age of 3, and some children will need to be tested up to age 6. If you are pregnant, talk to your doctor about whether you should be tested as well.
3. Get the facts: Find out if your home has lead hazards and steps you can take to prevent lead exposure at www.LeadSafeMke.com.

Sources for free or low-cost clothing

Reformation Lutheran Church **Neighborhood Store** 3806 W. Lisbon, high quality/low-cost clothes, household, 10am-2pm Tues. & Wed ; 1-4pm & Sat 444-0440

Atonement Lutheran Church, 4521 N. 42, clothes for children, youth, women, & men, 9am-noon Sat. (or appointments: 431-2086)

United Methodist Children's Services 3910 W. Lisbon, noon-4pm Wed. Children's & adult clothing. Photo ID for adults (report card, etc for kids); proof of address. Serves all Milw. County. 344-1818

JLH Women's Mentoring Services, 3846 W. Wisconsin Ave, Ste. 109. For single mothers ages 18+. Limited infant clothing, emergency diapers available. Need Wis. ID & ID or med cards for babies needing diapers. 11am-2pm 2nd & 4th Sat by appointment. 934-0216

Father Gene's HELP Center, 5919 W National. For clothes (all sizes) call 10:30am-noon M, W, or F 258-4357. May use every 6 mos.

Casa Maria, 344-5745, 1131 N 21 St. garage in back. No appt. needed for adult clothes, 11am-2pm Mon. & Wed. For infant clothing, must call first.

Bethany-Calvary Clothes Closet, 7265 W. Center (use east side door). Free clothes for your family (good condition). Open 10am-noon Wed. in June & Aug. Closed July, except on July 22: clothes available during our Share Fair 11am-3pm. 258-2868

House of Peace Clothing Bank 1702 W. Walnut. Bring photo ID, bags. Need appointment. 1-4pm Mon-Fri. 933-1300

Northcott Neighborhood House, adult & children's clothing 10am-2pm M-F. 2460 N. 6 St., 372-3770

Children's Clothing Bank, newborn to size 12; diapers, wipes, toys: 10-noon Tues & Th or by appt. 762-0552 Family Life Center, St Stephen 1441 W Oakwood Rd Oak Creek. Serves all Milw. zip codes

Scott Christian Youth Center, 263-3177, 2741 N Teutonia. Clothing/limited supply/unsorted. Mon.-Fri. Call for hours.

Adullam Outreach, 3025 N. 30. Free clothing, shoes, household items, mattresses, furniture. By appointment only: 216-3025.

Good Samaritan Outreach 5924 W Burnham & other locations, 10-2pm T, W, Th. Need photo ID, proof of current address (dated piece of mail), & ID or med cards for kids. Food & clothes pantry. Call 211 for info re: your area.

Bargain Center North, 8401 W Lisbon, 9:30-3:30pm Tues.- Sat

463-2595; **Bargain Center South** 5005 W Howard, 9:30-3:30pm Tues-Sat 327-2529. Both have clothing, household goods; cash only. South location also has furniture.

Pregnancy Help Center: 1225 W Mitchell, Ste 217, free maternity & baby clothes up to size 4T, free diapers to size 5, free formula (as available), layettes, Mon-Fri 9-4. Call if not used before. 645-4050

Milwaukee Birthright 2025 W. Oklahoma Ste. 125, newborn clothing, blankets; must call 2-3 wks (for appt.) before due date. For layettes, need photo ID, pregnancy statement or birth announcement. Mon 12:30-6pm; Tues & Fri. noon-4pm; Wed. 10am-4pm 672-5433

Blessed Again Resale, 7624 W. Hampton, 10am-4pm Mon-Sat, low-cost children's, maternity, adult clothing, shoes, furniture, elec-

tronics, housewares, etc. 464-9099

Well-Rounded Maternity Center 2455 S. Howell Ave, Bay View Maternity clothing resale. 11-7pm Tues/11am-5pm W-Sat 744-7001

Economy Center 7814 W Burleigh 9:30-4pm T-F; 'til 3 Sat. Clothes, household, books, toys, some small furniture for sale. 442-2272

Resale Shop run by Christ Child Society, located on Our Lady of Good Hope Church campus, 40th & Good Hope. Clothes for women, men, and children. Use front parking lot. 9:30-3:30pm Tues/Thurs., 9:30-12:30pm 1st & 3rd Sat. 540-0489

Red Door Clothes, St. James Episcopal Church, 833 W. Wisconsin. 1st & 3rd Sat, 8:30-10:30am. 271-1340

Wellington Park Lutheran Church 10-11:30am 1st Sat. of mo, 7017 W Medford (1 blk. north of Hampton), free clothing; \$1 donation or bring 1 non-perishable food item. 461-4061.

RePurpose, 8211 W. Brown Deer Rd., is stocked with donations that have been repurposed for sale: household furnishings, office furniture, clothing, gift items. T-F noon-7pm and Sat 10am-5pm, 977-4250 Proceeds help fund the nonprofit's initiatives to train at-risk youth for the workforce. St. Charles Youth/ Family Services program

St Vincent Thrift Store 9am-9pm M-S 2320 W Lincoln 672-2040

St. Vincent de Paul Society: May have help for you if you live in area of a donating parish w/funding. In Milw call 462-7837; Waukesha: 262-547-3281; Ozaukee Co: 262-284-4637

Interview attire for women/men in need: DIVA/DIVO in Bay View & northside: Must have referral from case worker, job trainer, etc. e-mailed on letterhead with a signature to michele@diva-divo.org. See criteria at www.diva-divo.org

Bottomless Closet: interview clothes for men & women & help with communication/interviewing skills. M-F by appt. only. 270-2984



Greenhouse Annex at

The Domes, 524 S Layton Blvd. 9am-1pm Sat. Fresh local vegetables, meat, eggs, baked goods, jams, sauces, soup, prepared hot food by about 50 vendors. Run by Fondy Food Center. Free parking, free admission to the market (but not the Domes).

Buy \$40 worth of food for \$20 on Quest card

Double your dollars! The Milwaukee Winter Farmers Market at The Domes will match the amount you take off of your Quest card at the market, up to \$20 each market day. That means if you take \$20 off of your Quest card, you'll get an additional \$20 to shop for fruits and vegetables, for a total of \$40. Or spend \$10 and get an additional \$10. You can use the federal nutrition benefits to purchase SNAP-eligible items (limited to fruit and vegetables).

Holiday Market at Body & Soul Healing Arts Center: noon-4pm Dec. 17, 3617 N. 48. Jewelry, body products, baked goods, eggs, soaps, tea gift baskets, honey, and more. The vendor, Funky Fresh Spring Rolls, will be in the kitchen, cooking up healthy, tasty food.

Emergency Food Pantries

It's best to call 2-1-1 to find a food pantry in your area. They will know which have adequate supplies that day to help you, and which have baby formula in stock. Also see p. 3.

53202, 53203, 53211

Interchange Food Pantry, 130 E Juneau (1 block west of Water) 2-5 pm Tues; 4-7pm Wed; 9-11am Thurs. 276-4108.

53206, 53209, 53210, 53212, 53216, 53218, 53222, 53223, 53224, 53225

Trinity Presbyterian, 3302 N Sherman Open Tues, 9-10:30 am (or until nos. are gone); visit 2X per mo. 871-9440

53205, 53206, 53208, 53210, 53212, 53213, 53233

Divine Word Lutheran Church, 5505 W Lloyd. Open Thurs, 9-10:30am (or until nos. are gone); visit 2X per mo. 476-3189

53205, 53208, 53233

Central City Churches Outreach Ministry, Our Savior's Lutheran Church 3022 W Wisconsin. 9:30-11:30 M-Th. Photo ID w/address for area residents. Also, baby formula. 342-1522

53205, 53206, 53233

House of Peace, 1702 W Walnut, M-F 8:30-noon 1-3:30pm; can use 1X every 30 days; bring photo ID, proof of residence, ID for each household member. Free legal clinic 3-7pm Tues. Clothes 1-4pm with photo ID. BY APPOINTMENT ONLY. 933-1300

53206

Emmaus Lutheran Church, 2818 N 23, 9:30-10:30am Wed 1st come/ 1st served; need photo ID, proofs of address & kid's ages (e.g. report card or Medicaid card) 444-6090.

53209, 53218, 53225

Silver Spring Neighborhood Center, 5460 N 64, noon-2pm Mon; 11am-2pm Tues; 10-noon Thurs. Stock box distribution for 6 mos & 1 yr; 5-yr-old WIC grads; seniors: 1-3pm F 463-7950

53212

Northcott Neighborhood House 10am-2pm M-F Bring proof of residence, photo ID for you, other ID for household members 372-3770

53218

Peace Lutheran Church 5229 N 51. 2:30-4:30 Wed; 10-noon Sat plus emergency needs; community meal 11-1pm & 5-6p Wed. 461-2763

53222, 53225

Northwest Baptist Church 4373 N 92. 4-7pm Wed. Need photo ID, piece of mail for adults, kids' report cards etc. Has infant formula for zip codes 53222 and 53225. 463-3630

Scott Christian Youth Center: 2741 N Teutonia noon-2pm 2nd & 4th Tues. Clothing bank. Hot meals: 10-11am M-F; 3:30-4:30pm M-Th For pantry, need photo ID; age verification for kids 263-3177

United Methodist Children's Services 3910 W Lisbon, noon-4pm M, W. Photo ID adults (report card, etc for kids); proof of address for adults & kids; serves 53208, south portion of 53210. 344-1818

Christ Lutheran Church 2235 W Greenfield, 10am-noon (lines form at 9am; may close early if supply is gone) 2nd Sat of mo., food

pantry, free clothes. Bring ID. 645-5138

53204

HOPE House, 209 W Orchard, 12:30-2:30pm Tues. & Thurs. 10am-noon Sat., bring ID & proof of residency. 645-2122.

53204 (south of Greenfield Ave.), 53215

St. Hyacinth/St. Anthony food pantry, 1414 W. Becher, 12:30-2:30pm Tues; 4-6pm Wed; need ID of everyone in household & proof of address. 383-4010

St. Peter Lutheran Church, 1204 S. 8 (Scott), 3rd Sat. 10am

53215

Milw Christian Center, 807 S. 14 St. 1-3pm M-Th, 10-noon Fri. Must be in zip code 53215 or live within service area between 13th & 43rd Sts, from Pierce to College. Need ID of all in household & proof of address. 645-5350 ext. 118

South side: live in area south of Wisconsin Ave., north of Ryan Rd between 27th & 124th Sts. Good Samaritan Outreach Center 5924 W Burnham, 10-2pm T, W, Th. Need address proof (current piece of mail), photo ID for everyone in household. 541-7668.

South side: 53207, 53221, 53235, & part of 53215 south of Becher, east of 27 St. Bay View Community Center, 1320 E Oklahoma 4-7pm Tues; 2:30-5pm Wed; 2:30-5:15pm Fri. Photo ID, address proof/current piece of mail, proof of income. Adults need SS cards. Kids: SS, report cards, or birth certificates. 482-1000

Oak Creek Family Life Center 1441 W. Oakwood Rd 53110, 53129, 53130, 53132, 53154, 53220, 53228, 53235 for adults, children. For formula, need WIC folder. Bring proof of address, photo ID. 10am-noon Tues. & Thurs. or call for appt. 762-0552



Milwaukee Habitat's newest resale store and donation center opened at 4150 S. 108th St. in Greenfield. (Site of former Bartz's Party Store on Hwy. 100.) Shoppers can find gently used home furnishings including sofas, chairs, tables, cabinets, bookshelves, and sometimes stoves and refrigerators at a fraction of their retail price. You can also find home improvement supplies and building materials such as doors, windows, lighting, and flooring. Run by Habitat for Humanity.

ReStore West: 3015 N. 114, Wauwatosa, 316-5650; this is the only store open Mondays.

ReStore East: 420 S. 1, 316-5682.

ReStore South: 4150 S. 108th St., 257-9078

ReStore Waukesha: 2120 E. Moreland Blvd. 262-662-6061

Other sites: Germantown, W188 N10707 Maple Ave., and West Bend. Weekly deals: milwaukeeerestore.org & habitatwaukesha.org

Learn more about becoming a Habitat homeowner and get a free credit report at 3-hour sessions every Sat. See dates for one-hour sessions at milwaukeeehabitat.org 3726 N. Booth.

Single Mother Want Ads

Single mothers may place an ad here or in bi-monthly Updates for \$1. Free to HOPE members. Send ad to info@hopenetworkinc.org. **NOTE:** HOPE Network does not do background checks on childcare providers or clients.

PROVIDING CHILDCARE

A Joyful Noise Childcare is currently enrolling. Our center focuses on the social/emotional, cognitive, language & physical development needed in order to be successful in life. Stop in, follow us or call to schedule a tour! 9700 W. Appleton Ave. Call Mrs. Rachel: 393-9786 M-F 5am-midnight & weekends 6am-8pm Transportation is offered (inquire about details). www.Facebook.com/Ajoyfulnoisechildcare

Little Miracles Family Daycare: 10 weeks-12 years. Weekends only; 1st & 2nd shifts. Private pay only. Nutritious meals; clean, safe environment; free transportation. 519-2345.

Granny's Babies Day Care, ages 6 wks-13 yrs. Open every day 6am-10pm. Accepts W-2 & private pay. Safe home-like setting. Milw. north-west side. Call 263-7230 for tour and interview.

Explorers of Truth Child Development is accepting enrollment for 2 wks-8 yrs of age. 6am-6pm Mon-Fri. Accepts Wis. Shares and private pay. Warm, home-away-from home family setting. Safe and clean environment, healthy meals and snacks, weekly lesson plans. North side of Milwaukee Contact Ms. Kee-Kee 455-3156. See "hiring" ad at right

Safe-N-His Arms home-based childcare services: Where we care for the little people. Nutritious meals, snacks, educational training, field trips. Safe, clean, loving environment. 2nd & 3rd shifts available. 2-11pm M-F. Call Cheryl Johnson: 336-5930

Safe-N-His Arms Support Services. Prenatal & childcare coordination, infant massage, & screening for high blood pressure, glucose, or breast health. 2821 N. 4, Ste. 207. Cheryl 336-5930

Rose's Tiny Town Family Childcare: licensed, CDA & administrative credentials, Young Star rating: 3 stars. Educational environment, nutritious meals, nurturing provider (20+yrs. experience). 6am-10pm M-F, 6 wks-12 yrs. W-2 or private pay. Call Ms. Rose at 466-6914.

Destiny's Child Christian Academy Daycare, educational activities, quality childcare. Enrolling all ages. Group center with homelike one-on-one attention. 535-1733

FOR SALE

Twin bed frame, \$15; small purple **office chair,** \$10; set of 2 white metal turning **shoe racks,** \$20; tall and slim cherry-look **hall table** (has mirror, drawer, and two areas to place items), \$10; small, padded **bench,** \$10; blue, blow-up **chair** \$5; and a couple hundred **plastic hangers** (too many to count) different colors, \$15. Call Pam 414-774-0945

SERVICES & NETWORKING

Lashes by Imani: Eyelash Extensions. \$65 Classic Full Sets \$35 Fills. Call/Text Imani for Appointments & Questions: 414-803-6704 IG: @lashes_by_imani email: lashesbyimani@gmail.com (Mention ad for 10% discount!)

Sunny View Cleaners - Hate cleaning? Want more time to spend with your family? Are you completely wiped out & cleaning seems too impossible? Let Sunny View Cleaners get the job done for you! As a 1st time client, you'd receive the promo of 20% off all wanted/needed cleaning services for the first time only. Please visit my website at <http://www.sunnyviewcleanerswi.webs.com/> or call/text Whitney at 262-720-6864.

A Dash of Art: Customized Art by Whitney - Are you looking for that one, special gift for someone that they'll never forget? Then what better way to do so than to get some customized artwork done or if you're looking to add something new to your home (which won't hurt your wallet) - then visit my website at <http://www.dash-of-art-by-whitney.webs.com/> or call/text Whitney at 262-720-6864

Looking for any stay-at-home-moms that would be interested in a work-at-home business opportunity, that not only allows you to spend more time with your family, but also to get back to your optimum health!!! Please email Whitney at whitneyomadison@yahoo.com for more information or call/text 262-720-6864.

For Hire: Why waste your life cleaning? When I can do it! Make your chores my responsibility! All quotes/rates negotiable. From kitchens to closets or errands to laundry, give me a call. Michele 554-2395

Explorers of Truth Child Development is **hiring part-time teachers.** Center hrs: 6am-6pm M-F. Must have certification, be enrolled/updated on registry. Inquire: 4429 N. 40 9am-noon; 455-3156

Become a **Child Care Teacher:** 8-week training program FREE to those who qualify! www.networxllc.net 362-4209

Planner & caterer for weddings and other events. (I cook for different venues.) Contact Paula Knox: 438-2484; 204-3146 paulaknox@att.net

Do you need CPR, AED or First Aid training? Would you like training in your facility? No class too big or too small, we teach them all. Continuing education, completion card & certificate at the end of training. Classes in a.m., p.m., 7 days a week. No need to take time off of work, we can come to your facility during nap time, lunch time, etc. We offer a DISCOUNT on certification classes for 10 or more participants.

FREE non-certified CPR/First Aid classes for mothers, grandmothers, or anyone who doesn't need certification but would love to learn the skills to keep their family safe.

Other training offered: SIDS (sudden infant death syndrome), Shaken Baby Syndrome, blood borne pathogens, CPR Pro, Medication Administrator. Call Heart_2_Heart Basic medical training today at: 933-2323.

Face Painting Art Designs by Ms. Gabrielle Howard-Brown for birthday parties \$60 (larger events may cost more), reunions, church events, holidays. Water-soluble, non-toxic paint. For special circumstances price is negotiable. Text to 921-8609 or email gabrielleandson1@yahoo.com

Aisha Event Planning offers services for graduations, family events, birthdays, etc. Reasonable prices. Call Aisha, 519-2345.

Character Parties: Are you planning a party for your child and want to add that special touch? Call *Let's Party* and invite one of our characters to party with your child & guests! Teenage Mutant Ninja Turtles, Frozen, Mickey & Minnie, & more. Call today for booking and prices 366-1118

Tammy does **hair weaves** (sew-ins) for \$30. 988-4467.

Party Coordinator I'll make your party fun with games and prizes to keep your guests entertained. Call me for birthday parties, baby showers, bachelorette parties, etc. \$60 per hr./ \$40 for 30 mins. Renee 899-0973

Marlita Media Photography for every stage of life, inc. maternity, newborns, families, weddings, birthdays, reunions, graduations. I love producing beautiful pieces of art for my clients that preserve their precious memories. Affordable; flexible schedule. Marlita 394-5565

Make a statement with **Mari's Statement Collective!** Affordable statement jewelry pieces, scarves, handbags & more with prices to fit any fashionista budget! Check out FB page for statement pieces, upcoming events to shop and to place an order. Contact Shawn Marie at 414-465-8675. M.statement.collective@gmail.com

Portia Williams had the secret to happiness

By Gail Grenier Sweet, HOPE Network founder

From hard situations, we sometimes find words of wisdom...We at HOPE Network were sad to say goodbye to Portia Williams, who had served on our board of directors since 2013. She died Nov. 17 after a year of challenges that included a car accident where she broke an arm and a leg. After she recuperated from those injuries, she was stricken with colon cancer. The cancer was treatable and Portia was undergoing chemotherapy when the fight became overwhelming.

"Nothing could stop her, all the way to the end," her daughter said at Portia's visitation Nov. 24. "She was down to about 70 lbs. and her body just couldn't take the chemo."

Portia was certainly the quietest board member we ever had. But she was willing and proud to serve wherever needed. HOPE Network had helped her for years with resources to run her childcare business; it was important to her to give back. She staffed HOPE information booths at resource fairs. She made caring personal phone calls to mothers who had gone through our safe sleep education program, in order to follow up on their use of the portable crib they received from HOPE.

Because of her physical trials the last couple of years, she missed quite a few board meetings, but we never suggested that she step down, because it was so important to her to be on the board. When she didn't feel good enough to attend our annual fall fundraiser this year, she asked another board member to take along an excuse slip from her doctor, to give to us that night.

Not long before she died, she called me. Her voice sounded just as warm and full of life as it had the last time I talked to her on the phone not long before, when her broken bones were mending.

We laughed about how we were almost exactly the same age. She was full of faith, and she said it was her faith that kept her going.

Her greatest concern was to let me know that she still wanted to serve on the board of HOPE Network. I assured her that we would hold her seat until she felt strong enough to join us again. Her hope was strong. I heard no hint of complaints nor worry from her. In spite of her struggles, she seemed full of vitality.

Perhaps that is the secret of happiness . . . to have so much love inside you that you don't spend time worrying about yourself, but think first of your service to others

Heartfelt thanks to our volunteers, donors

We're grateful to our many donors from Sept. 1-Nov. 15. We value all contributions, whether money or goods, time or talent.

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In Memory of

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Gordon Hautala by:
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Jane Kaiser by
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Rachel Sciortino by:
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Pauline Beck & Phil Schumacher
Soul Shine LLC
Boy Scout Troup #95 Drive:
Tina Brooks
Ken & Jennifer Carlson
Brian & Cathleen Huibregtse
Kelly & Gary Secora
(more in next issue)

Shirley Terlizzi by:
Michael & Gail Sweet

Portia Williams by:
Pauline Beck

Fundraiser a big success!

Thanks to everyone who helped make our Oct. 6 FUNdraiser a great success: our attendees, donors, and volunteers. The event paid for one-third of our annual program expenses.

Mark your calendars for next year's event: Oct. 5, 2018

Special thanks to:

Jim Bickler
Karen Cluppert, Not Just Words
Carol Deming
Mike Desmond, Auctioneer
Home 2 Suites volunteers
Kohl's Department Store A-team
Lisa Lopacinski, Emcee
Craig Lopacinski
Doug McRoberts
John Pankau
Sarah Rigel
Barb Schmit
Tony Sciortino
Gail and Michael Sweet
Pat Wille
Mary Witzlib

Remember HOPE Network...

Please consider including HOPE Network in your estate planning, or in a directive to your family. Estate bequests, both large and small, play a vital role in supporting HOPE Network in its mission to provide assistance to single mothers in the greater Milwaukee area. Contact HOPE Network today about any questions you have, or to learn more about how gift and estate planning can benefit you and HOPE. Your inquiry is always confidential.

Thanks, FUNdraiser sponsors, auction donors, volunteers

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CHANGE SERVICE REQUESTED

A hopeful note during our time of grief and shock

By HOPE founder Gail Grenier Sweet

Our wonderful new executive director, Rachel Sciortino, hired just last May, died in an accident on October 17th – just a week and four days after she helmed the festive and successful Fall FUNdraiser celebrating HOPE’s 35th anniversary.

We were reeling from shock and grief over her unexpected passing when we received a much-needed personal note on a beautiful card that contained a cash donation.

The front of the card features a quotation from Psalms: “It is good to give thanks to the Lord.” (Ps 92:1).

The card was sent from HOPE supporter Marilyn Skipper. She hand-wrote, “Dear Gail and HOPE Network” Following that salutation, the printed text inside the card reads “Because of you, there’s someone who is thanking God today, someone who appreciates your warm and caring way, someone who’s remembering the special things you do and wishing you His blessings every day the whole year through.”

Marilyn added a personal note: “How lucky all the women you help are! Your work is important

to so many.”

This note has buoyed us, along with the kind words of so many other people who love HOPE Network and who admired Rachel Sciortino. We appreciated the prayers and good wishes as we searched for Rachel’s successor.

Meanwhile, we were grateful that office manager June Prestin stepped up as interim executive director for a month. She and Rachel were a real team. June agrees that Rachel was a fabulous human being, and adds, “I try to work in tribute to that. I miss her to my core every single day.”

Please keep Rachel’s husband Tony and her sons Jon and Ben in your thoughts and prayers.



How can HOPE Network help you?

We are here to help single mothers in Greater Milwaukee.

Our programs:

- help give single mothers a sense of community
- help them enhance their parenting skills and develop self-reliance
- aid them in planning a future for themselves and their children.

HOPE Network provides

- * this quarterly resource news magazine
- * safe sleep education and new portable cribs
- * scholarships
- * a clothing bank
- * family outings

. . . for single mothers as well as for other single females who are raising children (grandmothers, aunts, and so on).

The organization was founded in 1982 by local resident Gail Grenier Sweet.

Call us at 262-251-7333, or see our contacts below.

--- Here’s my donation to HOPE ---

___ Please put my donation where you need it most!

Or: I’m passionate about: ___ News magazine ___ Scholarships

Check enclosed or Charge \$ _____ donation to credit card:

___ VISA ___ Mastercard ___ Discover (Or use Paypal on our www)

Name as it appears on card _____

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Address, and MUST include Zip code _____

Signature _____

HOPE Network, P.O. Box 531, Menomonee Falls, WI 53052



Stay in the loop on HOPE Network news, activities & community events!

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